

# KOLECHAD

September 2011

Elul 5771/Tishrei 5772



FORESTDALE HEIGHTS LODGE, B'NAI BRITH CANADA

# DINNER MEETINGS

To enable the Lodge to order the right amount of food for dinner meetings, you are required to RSVP to Albert Ohana (416) 494-2636 or [salonpiaff@rogers.com](mailto:salonpiaff@rogers.com).  
If you don't respond, you don't eat.

## AT A GLANCE

September 11	Woodbine
September 12	Dinner Meeting
September 13	Bingo
October 3	Dinner Meeting
November 7	Dinner Meeting
December 5	Dinner Meeting
January 9	Slate Meeting
February 6	Nomination Meeting

**Dinner at 6:30; Meeting at 7:00**  
**Dinner Charge: \$7.50 members**  
**\$10 non-members**

## YEARLY AD RATES

Full Page	\$200
Half Page	\$100
¼ Page	\$50
Business Card	\$40

Ten issues published every year.

**If you would like to advertise, please call Harvey Silver, Business Manager, (416) 223-0780.**

## KOSHER FOOD BANK

In the past year, Forestdale Heights has become a major supporter of the Pride of Israel Kosher Food Bank, which serves between 135 and 145 people per week. Members are requested to bring an item of **non-perishable kosher food** to each lodge meeting. The food items should bear one of the kosher certifications (examples shown below). Donations of sealed toiletry items are also welcome. Donations will be collected at each meeting and delivered the following day by Carl Zeliger.



## KOL ECHAD

Kol Echad is the official publication of Forestdale Heights Lodge. It is published 10 times a year. We welcome all articles or letters from members of the lodge and their families. All material submitted is subject to editing. The editor may consult with members of the bulletin committee regarding content suitability and editorial decisions.

All opinions expressed in Kol Echad are those of the individual writers and do not reflect the views of either Forestdale Heights Lodge or B'nai Brith Canada.

**Editor:** Jeff Rosen  
**Advertising:** Harvey Silver  
**Editing Staff:** Bonnie Kates, Lisa Rosen

# PRESIDENT'S PEN

## BBQ Kick Off for New Year



The Lodge BBQ hosted by Evie and Sid Isenberg on Sunday August 7 was a great beginning to a new season!

While the weather called for showers, we only got a little rain in the end and it failed to dampen our spirits. Evie and her committee, Michael Kates, Harvey and Debbie Silver, George and Charlene Garten and Allan and Linda Greenberg managed to put on a first-class party.

We had 26 Lodge members and four prospective members in attendance. Our amazing BBQ team expertly prepared the food which included steakettes, hamburgers, potato salad, corn-on-the-cob, vegetables, fruit and, of course, pastries. Everything was perfect.

However, the highlight for many of us was the sliced salami on the BBQ.

Our hosts did everything to make everyone feel welcome and we enjoyed their hospitality and their beautiful home. Of course, my wife

Rosalie led a rousing sing-a-long with her ukulele.

Looking back on the year just past, 2010-2011, I have to say that it was a great one. With your help, we plan to have a productive year ahead. For those of you who have yet to come to one of our monthly meetings, come on out! We have a great meal to start and an interesting meeting following. All who attend have a great time.

We look forward to seeing you and need your help. As a Lodge, we are small in numbers, but we are mighty in thoughts, good deeds and spirit.

For those who may not be feeling well, we wish you good health and look forward to seeing you at meetings.

*Shanah Tovah*

*Ray Moscoe*

## EDITOR'S DESK



Welcome back dear members of Forestdale Heights. I hope everyone had an interesting summer. I certainly did and if I came away having learned anything new, it is

that how you view a particular city depends on whether you are a visitor or resident.

I came away with this useful bit of information after visiting two American cities and comparing them with our own beloved Toronto.

In June, I headed south to Dallas, where I had the pleasure of attending the annual conference of the American Jewish Press Association. This is the professional body for Jewish journalists and newspapers in North America.

While there, I had the opportunity to talk with many of my counterparts from Jewish papers throughout the U.S. Without exception, all praised our fair city. During the course of my week in Dallas, Toronto was referred to as “exciting,” “clean,” “a small New York but cleaner,” and “a place where there is no shortage of things to do.”

I was often left wondering if they were referring to the same city where I spend so much of my time (I live in Markham).

No sooner had I returned home, then I was again packing my bags as Lisa and I headed to Boston for a week's vacation. This time out, I had the chance to walk around and see the city in more depth than I had in Dallas.

While the sight of people sitting on curbs steps away from where people dined at outdoor patios disturbed me, there was much I wish Toronto would try to duplicate.

It's no secret that our subway system is a poor second (or third, fourth...) compared to other cities around the world. I'm pretty sure that Boston's is not the top ranked, but it certainly rates higher than our own underground transit system. Where we have two lines running north-south and one east-west, Boston has three rapid transit lines and two light rail lines. Their system's reach well exceeds that of the TTC with one of their lines even stopping at the city's Logan Airport.

Then there is their fare system. They have eliminated manned ticket booths in favour of an automated system. Riders choose their route, and then deposit the correct coinage into a machine, which allows them to pass through a turnstile.

**Continued on next page**

Boston's transit system was not the only thing I came away admiring. The city is home to the oldest park in the U.S. Boston Common encompasses 50-acres of grass, trees, ponds, baseball diamonds and even an old-fashioned carousel, which draws both residents and tourist.

Walking through the park on more than one occasion during our visit, I could not but help compare it to our own urban park, Downsview Park at Sheppard Avenue and Allen Road. The latter appears so desolate compared to its American counterpart. My only consolation is that I realize that Bostonians have been at this game much longer, having launched Boston Common back in the 1630s. So maybe in about 400 years we will have made something out of Downsview Park.

I was also impressed at what they did with their elevated expressway. For those unaware, they tore down their structure and buried the highway. While costs exceeded estimates and it took longer than expected, Boston's "Big Dig" seems to have been a success. Where once there were roads, now

there are parkettes, trees, and fountains where residents can sit and enjoy the city around them.

Although I can't believe I'm advocating the idea, perhaps it's time to revisit the future of the Gardiner Expressway.

Returning to Toronto, Lisa and I finally headed downtown. It had been a while since we had ventured to the waterfront area. I was impressed by the vast array of condos and commercial ventures established to service these new homes.

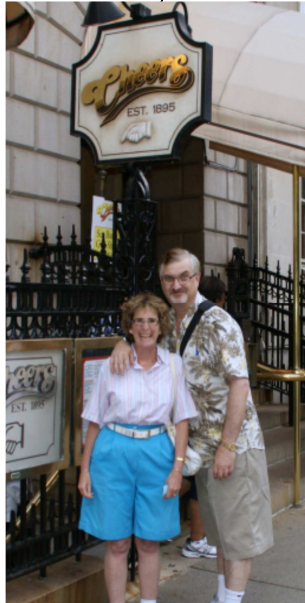
I was also pleased to see all the viable historical buildings that are still with us. That too is something, which Bostonians hold dear. Everywhere you go, older structures sit side-by-side with new buildings.

So, after all is said and done, which city do I prefer? There's no contest in my mind. I am a Canadian through and through. I don't think anything would entice me to move south of the 49<sup>th</sup> parallel.

*Shanah Tovah*

May you and your families have a sweet and healthy new year.

*Jeff Rosen*

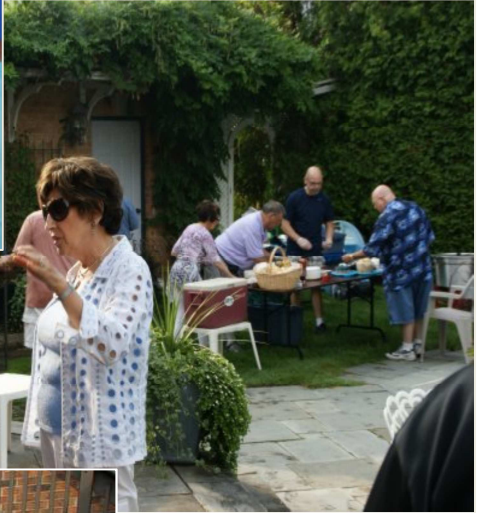


# SUMMER BBQ



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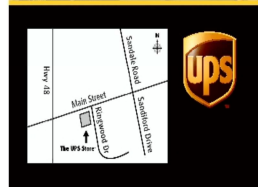
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# GOOD & WELFARE

## Birthday

Richard Kotzen

September 20



## Anniversary

Jeff & Lisa Rosen

September 21 – 25 Years

## Condolences

To Nate & Andrea Salter on the passing of Andrea's mother, Lila Wine, on July 21

Due to circumstances beyond the control of Kol Echad, a lot of birthday and anniversary records pertaining were lost over the summer. It would be greatly appreciated if everyone could resend this important information to [jelijo@sympatico.ca](mailto:jelijo@sympatico.ca).

Also if you are not getting regular emails include your email address.

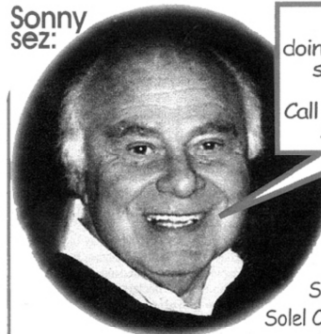


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# HIGH HOLIDAY TREATS

## Rosh Hashanah Chicken with Cinnamon and Apples

- One 3 1/2-to-4-pound roasting chicken
- Salt and freshly ground pepper to taste
- 1 teaspoon ground cinnamon
- 1 onion, peeled and cut into chunks
- 1 cup chicken broth
- 1 1/3 cups white wine
- 3 apples, cored and cut horizontally into 4 pieces (the French would use *reine-des-reinettes* apples or pippins, but Fuji apples are fine)
- 2 tablespoons sugar



Preheat the oven to 375 degrees.

Season the chicken with salt and freshly ground pepper to taste and 1/2 teaspoon of the cinnamon. Put in a roasting pan with the onion. Pour the chicken broth and wine over the chicken, and roast in the oven for 45 minutes.

After the chicken has been cooking for 45 minutes, surround it with the apples sprinkled with the remaining cinnamon and the sugar. Baste with the wine, and roast for about 45 more minutes, or until the apples are very soft and the chicken is cooked.

# High Holiday Greetings



Ray and Rosalie Moscoe wish Shana Tova  
to all our Forestdale Heights Lodge  
Brothers, Sisters and Families  
Good Health and Prosperity



*Best wishes for a  
Happy & Healthy  
New Year*

George & Charlene Garten

*Best wishes for a  
Happy and Healthy New Year*

Barry & Sandy Gordon

& Family



*Wishing you all a sweet year  
of good health and happiness*

Linda & Allan Greenberg

Stan Horowitz & Terry Goldfarb



*To all our family and friends*

*Good health and Happy New Year*

לשנה טובה תבתיבו  
*L'Shanah Tovah Tikatevu*

*Ivan and Elizabeth Bloom  
wish all members  
of Forestdale Heights Lodge  
and their families  
a very Happy and Healthy New Year*

שנה טובה  
*Best wishes for a  
Happy and Healthy New Year*



Jacquie & Lloyd Lindsay

Marla & Avery Matlow



*Wish all our friends a  
very Happy & Healthy New Year*



*May the New Year bring health, happiness and peace of mind  
to all of our extended Forestdale family*

*May the coming year be filled with days of Naches and Joy*

Nate and Andrea Salter

Shari, David and Kate Stephens

Heather, Robbie, Justin and Owen Kugler

Deborah, Dave, Benji and Abby Reine



*May you all be blessed  
with a very Happy  
and Healthy New Year*

Greetings from Carl, Debby, Rachel,  
Rebecca & Josh Zeligler



*The Silver family wishes everyone  
a very Healthy and Happy New Year*

Harvey, Debbi, Lisa

Mark, Shawna, Zoe, Jamie & Ezra

*Best wishes for a year  
of health and happiness to all*

Jeff, Lisa & Jordana Rosen



Wishing you all a sweet year  
of good health, happiness  
much laughter and joy  
*L'Shanah Tovah*  
Bonnie & Michael Kates



*Wishing you all  
a very Happy and Healthy New Year*  
Honey & Albert Ohana & Family



*The Pupko family wishes all members  
of Forestdale Heights Lodge  
a Happy and Healthy New Year*

Best Wishes for a  
Happy & Healthy New Year



*Rhona and Richard*

*Shanah Tovah to all  
members & their families*



FHL Executive

Evie and Sid Isenberg

*Wish all of you a very happy,  
healthy and prosperous New Year*



My best wishes to all our dear lodge members and families  
for a happy, healthy and peaceful New Year.

Rosalie Moscoe, RHN, RNCP

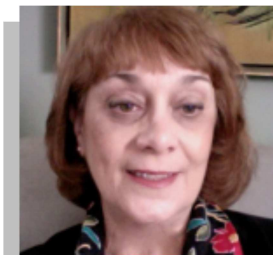
Speaker for Stress Relief & Nutrition

Registered Nutritional Consultant Practitioner

Author of *Frazzled Hurried Woman! Your Stress Relief Guide to Thriving...Not Merely Surviving*



# AS I SEE IT



Did you ever read the book, *Up the Down Staircase*? It was a wonderful novel written by Bel Kaufman.

The main character in the novel is a young teacher who becomes so disillusioned with the bureaucracy of the public school system and the incompetence of her colleagues that she quits and goes to work at a private school. Through a series of events, she learns how she has touched the lives of the many students who came through her classroom door.

*Up the Down Staircase* is one of the best-loved novels of our time. It has been translated into 16 languages, made into a prize-winning motion picture, and staged as a successful Broadway play.

I recently learned that Ms. Kaufman, the author, recently turned 100. She is still a spicy character who makes jokes about being a teacher and has taken her Jewish sense of humour on the road to college campuses around the U.S. It must be in her genes as her grandfather was the great Yiddish storyteller Sholem Aleichem, a writer who was able to take heartbreaking lives of the Jewish immigrant and weave them into bittersweet tales such as *Tevye, The Milkman*, which became the basis of the screenplay *Fiddler on the Roof*.

Ms. Kaufman tells the following story of her relationship with her *zaida*: “I

remember his laugh; I remember his hand when we walked,” she said. “He used to say the tighter I held on to his hand, the better he will write. He wrote me a letter that I treasure: ‘I’m writing you this letter to ask you to hurry and grow up and learn to write so you can write me a letter. In order to grow up, it is necessary to drink milk and eat soup, vegetables, and fewer candies.’”

Ms. Kaufman was five when her grandfather died, on May 13, 1916, and she believes she is the last person alive who remembers him and his impish humour.

What a remarkable life she must have lived growing up with Sholom Rabinovitz (Sholem Aleichem) as her grandfather. Kaufman’s great legacy has been the propagation of Jewish culture. She is truly remarkable and should be considered a national treasure who is still active, and sharing her wealth of knowledge and the richness of her family legacy with the world at 100 years young.

I would like to wish you and your family many sweet moments to fill your heart, light to guide you through life, good health and peace to nurture your soul.

*L’Shanah Tovah*

*Bonnie Kates*

# FORESTDALE FUNNIES

## We're Everywhere

Two astronauts land on Mars.

Their mission: to check whether there is oxygen on the planet.

"Give me the box of matches," says one. "Either it burns and there is oxygen, or nothing happens."

He takes the box, and is ready to strike a match when, out of the blue, a little green Martian appears waving all six of his arms and yelling...

"No, no, don't!"

The two guys look at each other, worried. Could there be an unknown explosive gas on Mars?

Still, he takes another match... and... A crowd of hysterical green Martians is coming, all waving their arms: "No, no, don't do that!"

One of the astronauts says, "This looks serious. What are they afraid of?"

Nonetheless, we're here for science, to know if man can breathe on Mars."

So he strikes a match -- which flames up, burns down, and...NOTHING HAPPENS!!

So he turns to the Martians and asks, "Why did you want to prevent us from striking a match?"

The leader of the Martians says, "It's Shabbos."

## Jewish Holidays 5772

Rosh Hashanah New Year	September 29-30 <i>Thursday-Friday</i>
Yom Kippur Day of Atonement	October 8 <i>Saturday</i>
Sukkot Feast of Tabernacles	October 13-19 <i>Thursday-Wednesday</i>
Shemini Atzeret	October 20 <i>Thursday</i>
Simchat Torah	October 21 <i>Friday</i>



# FORESTDALE FUNNIES

## Reluctant to Attend the Synagogue

On the morning of Rosh Hashanah, Rivka went into the bedroom to wake her son and tell him it was time to get ready to go to the synagogue, to which he replied in a dull voice, "I'm not going."

"Why not?" Rivka demanded.

"I'll give you two good reasons Mother," he said. "One, they don't like me, and two, I don't like them."

Rivka replied in an exasperated voice, "I'll give you two good reasons why you must go to the synagogue. "One, you're 54 years old, and two, you're the Rabbi."

## High Holiday Services

On Rosh Hashanah morning, the Rabbi noticed little Adam was staring up at the large plaque that hung in the foyer of the synagogue. It was covered with names, and small American flags were mounted on either side of it.

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The seven-year old had been staring at the plaque for some time, so the Rabbi walked up, stood beside the boy, and said quietly, "Good morning, Adam."

"Good morning, Rabbi," replied the young man, still focused on the plaque.

"Rabbi Resnick, what is this?" Adam asked.

"Well, it's a memorial to all the young men and women who died in the service."

Soberly, they stood together, staring at the large plaque. Little Adam's voice was barely audible when he asked: "Rosh Hashanah or Yom Kippur service?"

# A LOOK BACK

You probably don't remember the name Eric Hoffer. He was a longshoreman who turned into a philosopher, wrote columns for newspapers and some books. He was a non-Jewish American social philosopher.

He was born in 1902 and died in 1983, after writing nine books and winning the Presidential Medal of Freedom.

His first book, *The True Believer*, published in 1951, was widely recognized as a classic.

Eric Hoffer was one of the most influential American philosophers and free thinkers of the 20th Century. His books are still widely read and quoted today. Acclaimed for his thoughts on mass movements and fanaticism, Hoffer was awarded the Presidential Medal of Freedom in 1983. Hopewell Publications awards the best in independent publishing across a wide range of categories, singling out the most thought provoking titles in books and short prose, on a yearly basis in honor of Eric Hoffer.

Here is one of his columns from 1968 - 42 years ago! Some things never change!

\*\*\*

## ISRAEL'S PECULIAR POSITION

By Eric Hoffer

Los Angeles Times

May 26, 1968

The Jews are a peculiar people: things permitted to other nations are forbidden to the Jews.

Other nations drive out thousands, even millions of people and there is no refugee problem. Russia did it, Poland and Czechoslovakia did it. Turkey threw out a million Greeks and Algeria a million Frenchman. Indonesia threw out heaven knows how many Chinese and no one says a word about refugees.

But in the case of Israel, the displaced Arabs have become eternal refugees. Everyone insists that Israel must take back every single one.

Arnold Toynbee calls the displacement of the Arabs an atrocity greater than any committed by the Nazis.

**Continued on next page**

Other nations when victorious on the battlefield dictate peace terms. But when Israel is victorious, it must sue for peace.

Everyone expects the Jews to be the only real Christians in this world. Other nations, when they are defeated, survive and recover but should Israel be defeated it would be destroyed.

Had Nasser triumphed last June [1967], he would have wiped Israel off the map, and no one would have lifted a finger to save the Jews.

No commitment to the Jews by any government, including our own, is worth the paper it is written on.

There is a cry of outrage all over the world when people die in Vietnam or when two Blacks are executed in Rhodesia.

But, when Hitler slaughtered Jews no one demonstrated against him. The Swedes, who were ready to break off diplomatic relations with America because of what we did in Vietnam, did not let out a peep when Hitler was slaughtering Jews. They sent Hitler choice iron ore, and ball bearings, and serviced his troops in Norway.

The Jews are alone in the world.

If Israel survives, it will be solely because of Jewish efforts. And Jewish resources. Yet at this moment, Israel is our only reliable and unconditional ally.

We can rely more on Israel than Israel can rely on us.

And one has only to imagine what would have happened last summer [1967] had the Arabs and their Russian backers won the war, to realize how vital the survival of Israel is to America and the West in general.

I have a premonition that will not leave me; as it goes with Israel so will it go with all of us. Should Israel perish, the Holocaust will be upon us all.

---

This is from Muslim author Tarek Fatah. If you do not have time to listen to this message (<http://bit.ly/jW6bKI>), make time. Silence is taking the world back to a horrific time. Think of France as Hitler prepared the collaborators for defeat, where “laws” were gradually introduced to diminish the rights of Frenchmen, as the Vichy cowards chose peace over dignity and turned the Jews over to the death camps. Along with the Jews went many more who were swept up in the hatred and jealousy of the Nazis. Speak out or give up your right to free speech.

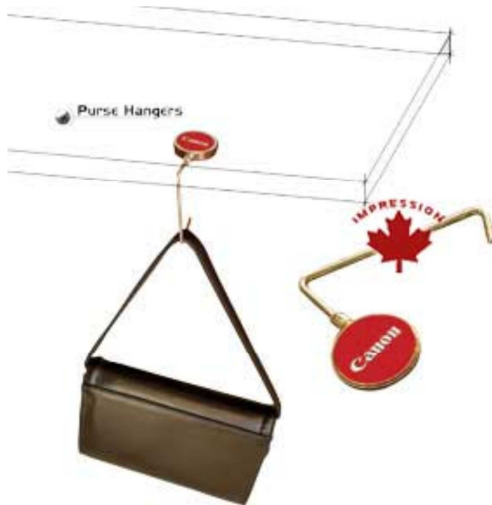
# AFTERNOON AT THE RACES



Woodbine racing has all of your entertainment needs covered including gaming slots and the ability to place a bet off-track at another world-class racetrack. Woodbine offers gourmet dining ranging from the simple to the sublime. Come join us **Sunday, September 11** for lunch and a fun packed front-row seat to the excitement of an afternoon at the trots. Price is **\$40** a person including parking,

admission and a programme. Feel the thrill of the win at Woodbine Racetrack. Dining room will open at 11:30 a.m.

RSVP to Bonnie Kates at [katesfamily@sympatico.ca](mailto:katesfamily@sympatico.ca)



## FUNDRAISING

Our fundraising project selling **Purse Hangers** is going great. If you are interested in taking part in this important fundraising programme, or need more of the product, please contact Ray Moscoe. He can be reached at [raym@tes.net](mailto:raym@tes.net) or phone **(416) 816-0877**.



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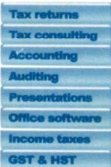
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# HEALTH IN HARMONY



Some summers are lazy, some are busy and this one for me has been at high speed! I decided to release my second volume of *Frazzled Hurried Woman! Your Stress Relief*

*Guide to Thriving. . . Not Merely Surviving.* As a result, I spent a good part of my summer parked in front of the computer (with the exception of a 10-day vacation attending a family wedding in Boston).

I'm not complaining; the book is released on Amazon.com and there will be book signings at Indigo/Chapters, so it's all pretty exciting. However, the summer has come and gone. I'm glad we had a Forestdale BBQ, so that I had a chance to get myself out of my paper-laden office, to enjoy all the friendly faces, great food, our welcoming hosts, and a spectacular setting in their backyard. It was much unlike any "backyard" that I've seen!

Ray's jokes are still the same, and so I know exactly when to laugh. It's been a bit quiet due to the fact my daughter and her family are away for three whole weeks!

That means I didn't see my granddaughter for that length of time

and that's the worst of it! However, I know I'm fortunate they live in Toronto, when other grandparents don't have such luck.

I hope everyone had a terrific summer, got a little sunshine, (we all need some Vitamin D!) The fall, for me, is always a time of new energy, and with Rosh Hashanah not too far away in our sights, it's also a time of reflection. For me, it's about how I wish to spend my time – my life. While it is good to plan, let us not lose sight of each day and how precious life (*chai*) really is. Sharing joys with friends and family will carry us well into the next season.

*Rosalie Moscoe*





*Shana Tova!*

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