

Adar I/Adar II/Nisan 5784

March/April 2024

KOL ECHAD

Forestdale Heights Lodge
B'nai Brith Canada

CHAG SAMEACH

*PESACH
GREETINGS*

SPECIAL

COVER ART



It's that time of the year again when we celebrate and enjoy a variety of delicious foods.

First off, we have Purim, which starts on the evening of Saturday, March 23.

As it is a Jewish leap year, there are two months of Adar. That means Pesach or Passover is "late" this year. The festival begins on Monday, April 22, with the first Seder and concludes on Monday, April 29.

As for Yom Hashoah, Yom Hazikaron and Yom Ha'atzmaut, you'll have to wait until the next issue for all the details.

Chag Sameach!

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Sending warm thoughts and blessings as you gather at the Seder to celebrate with those you love. *Ruth and Aaron*

Wishing everyone peace, good health and happiness. *Debbi Silver & Family*

A happy and healthy Passover to all. *Cathy & Stewart Indig & Family*

Wishing all members and their families a happy, healthy and meaningful Passover holiday. *Carl and Debby Zeliger & Family*



We would like to wish
all members of FHL
a very happy Pesach

Chag Sameach!

*Jeff, Lisa
and Jordana Rosen*



Ira & Paula Kuchinsky

Wish a very
Happy Passover
to our friends
& fellow
Lodge members

Happy, healthy & safe Passover.
May 2024 bring us all a better year.
Honey and Albert & family

Eddie and Marilyn Arkin wish our
friends and our family a healthy and
happy Passover.

The Kates Family extends to its FHL
family its best wishes for a

חג פסח כשר וישמח

Marc, Rachel, Seth, Eve and Joelle



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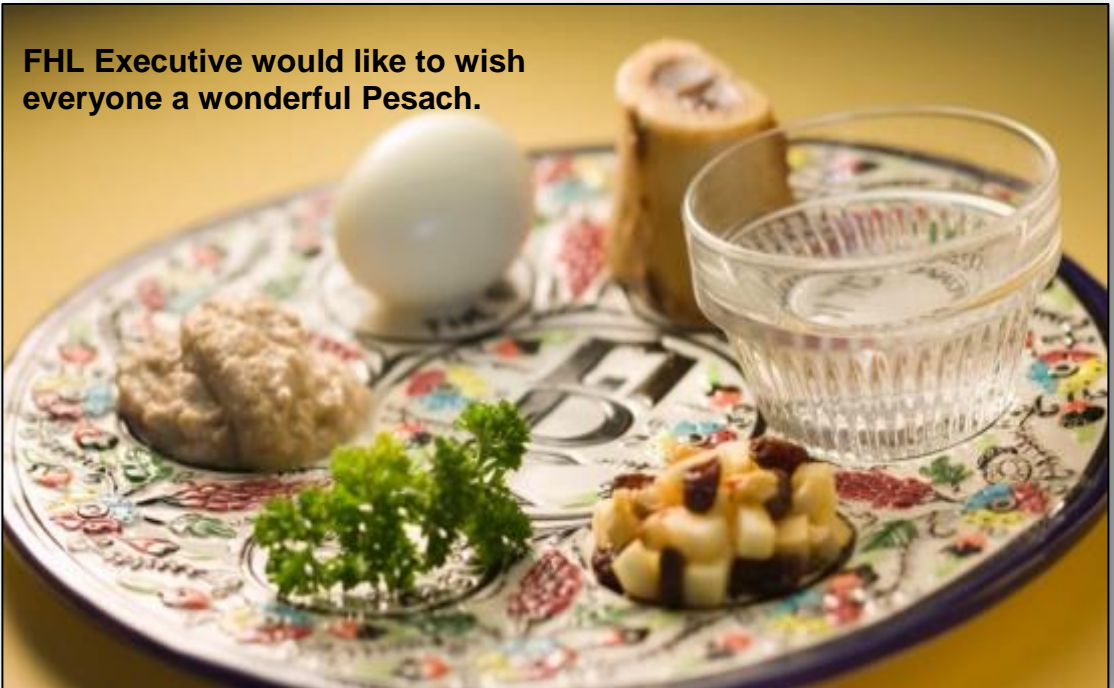
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**To all our Lodge sisters,
brothers and their families,
we wish you health,
peace, prosperity and
all the joys of Passover**

***Raymond and Rosalie Moscoe
& Family***



**FHL Executive would like to wish
everyone a wonderful Pesach.**





Wishing you and
your family a

HAPPY
Passover

Chag Pesach
kasher vesame'ach



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HAPPY PASSOVER

CHAG PESACH SAMEACH

Wishing you a Passover full of
joy, love and blessings.



HON. MARCO MENDICINO
MEMBER OF PARLIAMENT FOR EGLINTON-LAWRENCE



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Hon.

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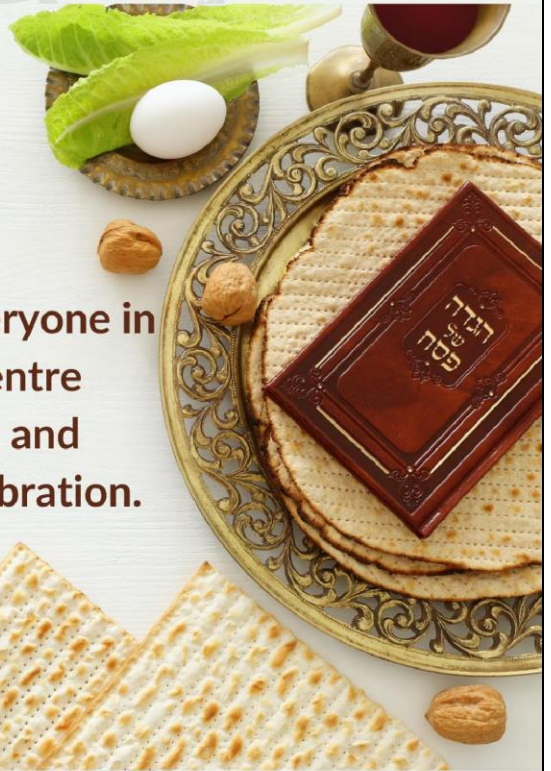
Happy Passover
Chag Sameach



Happy Passover



Wishing everyone in
York Centre
a joyous and
happy celebration.



חג פסח כשר ונח

Hon. Ya'ara Saks | Member of Parliament for York Centre
416-638-3700 | yaara.saks@parl.gc.ca

Happy Passover!
חג פֶּסַח וְשִׁמְחָה



MICHAEL KERZNER

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From my family to yours
Chag Pesach Sameach!

חג פסח שמח



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A message to Forestdale
Heights Lodge members

Wishing you and yours a
healthy and happy Passover



Keith Irish

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James  Pasternak

Councillor | York Centre - Downsview



Happy Passover

חג פסח כשר ושמח!



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Speaking at B'nai Brith Canada Chanukah Celebration at Bernard Betel Centre



Giving a speech during the annual Israel Flag Raising Ceremony in celebration of Yom Haatzmaut at City Hall



Joining friends at the annual UJA Walk for Israel event



Celebrating Rosh Hashanah with Rabbis Yirmi and Chai Cohen at City Hall

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PERSPECTIVES

CELEBRATING PASSOVER AROUND THE GLOBE

The scattering of the Jews around the world over thousands of years to nearly every continent has meant that our traditions have evolved and been adapted to many different cultures and settings. As we join our own families and friends for seders in the Bay Area, we take comfort in knowing that Jews in every corner of the world will be having their own seders.

In Morocco – Inviting neighbours over to eat sweets

Families of Moroccan and Algerian descent rejoice in the end of Passover with a Mimouna, a celebration that includes a feast of lavish sweets and pastries.

A table is heaped with items symbolizing luck or fertility, many repeating the number 5, such as dough with five fingerprint marks or five silver coins. Fig leaves, live fish, stalks of wheat, and honey might also be included. Among some Moroccan Jews, participants enter the ocean and toss pebbles behind their backs to ward off evil spirits.



In Ethiopia – Destroying earthenware dishes

Ethiopian Jews strongly identify with the story of Passover and, because they lacked Haggadot in Ethiopia, observe a local tradition of reading Exodus directly from the Torah. In some Ethiopian families, the matriarch destroys her earthenware dishes and makes a new set to mark a proper break from the past. During the holiday, Ethiopian Jews refrain from eating fermented dairy, such as yogurt, butter, or cheese. Matzah is homemade, often fashioned from chickpea flour, and on the morning of the Seder, a lamb might be slaughtered.

Continued on next page



In Afghanistan – Whipping each other with scallions

Jews have lived in Afghanistan since at least the Babylonian conquest more than 2,500 years ago, but, very sadly, almost none remain today. One distinct local tradition was using scallions or leeks to stand for the Egyptian slave drivers' whips, using them to lightly “whip” each other's backs. Today, the largest group of Afghan Jews in the world is comprised of 200 families in Queens, New York.

In Poland – Re-enacting the crossing of the Red Sea

Hasidic Jews from the Polish town of Góra Kalwaria re-enact the crossing of the Red Sea on the seventh day of Passover by pouring water on the floor, lifting up their coats, and naming the towns that they would cross in their region of Poland. They raise a glass to each town and thank G-d for helping them reach their destination.

In Spain – Tapping guests on the head

In a custom that began in Spain in the 14th century, the seder leader walks around the table three times with the seder plate in hand, tapping it on the head of each guest. Many Moroccan, Turkish, and Tunisian Jews adopted this Sephardic tradition, which is said to bless those whose heads are tapped. This is sometimes connected to the Talmudic custom of “uprooting” the seder plate so guests might ask questions about the Jews in Egypt.

In South Africa – Apples are the key ingredient.

South Africa has a vibrant and thriving Jewish community with a history that reaches back to immigration from Europe in the 19th century. Today, around 70,000 Jews remain.

Despite the adherence to tradition, local influences still sneak into the seder meal. They have traditional gefilte fish, but it's more ball-shaped and has a yellow tint from saffron. Most striking is South Africa's positioning in the southern hemisphere, which means North America's familiar autumn produce is in season during South Africa's Spring.

The result: apples are a vital ingredient in the Passover menu – from the traditional charoset to the bits of green apple lending crunch and sweetness to chopped herring and apples stewed with cinnamon and cloves for dessert.

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