

KOLECHAD

October 2011
Tishrei/Cheshvan 5772



FORESDALE HEIGHTS LODGE, B'NAI BRITH CANADA

DINNER MEETINGS

To enable the Lodge to order the right amount of food for dinner meetings, you are required to RSVP to Albert Ohana (416) 494-2636 or salonpiaff@rogers.com.
If you don't respond, you don't eat.

AT A GLANCE

October 3	Dinner Meeting
October 11	Bingo
November 7	Dinner Meeting
December 5	Dinner Meeting
January 9	Slate Meeting
February 6	Nomination Meeting
March 5	Dinner Meeting
April 2	Dinner Meeting

Dinner at 6:30; Meeting at 7:15

Dinner Charge: \$7.50 members

\$10 non-members

YEARLY AD RATES

Full Page	\$200
Half Page	\$100
¼ Page	\$50
Business Card	\$40

Ten issues published every year.

**If you would like to advertise, please call
Harvey Silver, Business Manager,
(416) 223-0780.**

KOSHER FOOD BANK

Forestdale Heights is a supporter of the Pride of Israel Kosher Food Bank. Members are requested to bring an item of non-perishable kosher food to each lodge meeting. The food items should bear a kosher certification (examples shown below). Donations of sealed toiletry items are also welcome. Donations collected at each meeting will be delivered the following day. To read more about the food bank, please go to <http://bit.ly/n8GhVZ>.



KOL ECHAD

Kol Echad is the official publication of Forestdale Heights Lodge. It is published 10 times a year. We welcome all articles or letters from members of the lodge and their families. All material submitted is subject to editing. The editor may consult with members of the bulletin committee regarding content suitability and editorial decisions.

All opinions expressed in Kol Echad are those of the individual writers and do not reflect the views of either Forestdale Heights Lodge or B'nai Brith Canada.

Editor: Jeff Rosen
Advertising: Harvey Silver
Editing Staff: Bonnie Kates, Lisa Rosen

PRESIDENT'S PEN



Rosalie and I recently happened to be on Spadina Avenue on a warm beautiful day in September with our granddaughter Aliyah, when we happened upon the “Moon Festival.”

There were many exhibits with food, music and costumes. Aliyah loved the “paper pink dragon” that wound through the streets on the backs of many helpers.

We wandered over to the Anshei Minsk Congregation on St. Andrews Street, which still functions today. Looking at the beautiful building built in 1930, I became very nostalgic because this shul was where I had my bar mitzvah, as did my father and my two brothers. My grandfather was one of the founders of the shul. I told Aliyah about my bar mitzvah, and how I was showered with nuts and candies after I had completed my Torah portion. I recall seeming my mother, sister and other female relatives smiling proudly looking down from the second floor balcony and the men, on the main floor, shaking my hand and giving me hugs. The reception was held back at our tiny house, where my mother served corned beef sandwiches. It was quite the event.

I recalled the many Rosh Hashanahs that we spent at the Minsk shul. We played with other kids on the stairs out front and there was no such thing as “children’s programs” during the service. It was heartwarming to be holding my granddaughter’s hand as I told her stories about my childhood days that I spent at the shul. Many helpers and donations still keep the Anshei Minsk alive today.

Lunch was always a tradition at Ledovsky’s United Bakers Dairy Restaurant, which was around the corner from the shul. I recall the many times my father took me there after shul. I explained this as well, although being just over three years old, I’m not sure she understood all that I said. In a way, I think my storytelling was mainly for my own benefit.

I think it’s important for us to keep our traditions alive, teaching our children and grandchildren about the past to let them know they are the present link in these valuable traditions.

May you continue your valuable Jewish traditions. I wish all of you a Happy New Year.

L’Shanah Tovah!

Ray Moscoe

COVER ART



Artist Alex Levin created this month's cover – Welcoming Rosh Hashanah. Levin was born in 1975 in Ukraine and by the time he was six, he knew that he was called to be a painter.

Entering the Ukrainian Academy of Arts at age 12, and graduating with multiple honours, only made the fire burn hotter. Feeling the need to get closer to his heritage, Levin immigrated to Israel in 1990, and became a student of Professor Baruch Elron, chair of the Israel Artists' Association.

In 1997, following three years in the IDF, Levin enrolled in an industrial and web design program in order to round out his artistic talents.

Today, his main painting styles are Judaica, Surrealism and Realism. He works

in oil, acrylic, pencil, charcoal, and tempera. He is perhaps best known for his technique involving the multilayered use of tempera and oil, with no brush strokes.

Levin's works are on display in private and public collections and galleries in Israel, Belgium, U.S., Australia, and Russia. His paintings have been reproduced on the covers of books and other printed materials.

Levin is represented by Tribes Fine Art Gallery, Tel Aviv. For further information about this artist, contact Info@tribesgallery.com or go to www.tribes-gallery.com

Dip Your Apple - Fountainheads Rosh Hashanah

<http://bit.ly/r2dWPC>

EDITOR'S DESK



Two names dominated the news during the final weekend in August, one attached to a force of destructive energy, the other belonging to a politician who hoped to make the world a better place for all Canadians. Of course, I am referring to Hurricane Irene and the late Jack Layton.

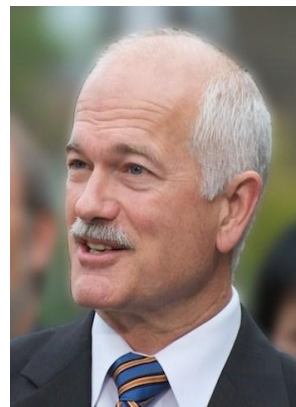
In life, Layton was known by many names, many of them less than complementary. Conservative MPs and other right-wingers had called him “Taliban Jack,” for his perceived lack of support of the Canadian Armed Forces and his concern for the Taliban. Suddenly, in death, he became “Jack,” a man of the people. He was also being granted a state funeral by a Conservative prime minister no less. To hear some talk about him, Layton seemed to be the second coming, a man who would save Canada and society in general from all perceived ills.

Somewhere between those two extremes lay the truth. Jack Layton was not the devil incarnate, nor was he the political savior many sought. Yet he possessed an almost Jewish quality, in that he sought to make the world a better place for everyone. Like Moses, he managed to lead his people to the Promised Land, but was unable to cross over, to witness firsthand the joys of

his labour. Perhaps if more people had heard his message in life, he would now be enshrined in history books as a prime minister who passed away in office.

However, his final message was powerful and one that deserves to be remembered by all, especially during the current provincial election.

For too long, the electoral arena has become a blood sport, similar to that of ancient Rome, where gladiators battled to the death. Leaders of most of our major parties too often resort to attacking



their opponents with all manner of negative messages. Based on the negative ads already released, Dalton McGuinty, Tim Hudak and Andrea Horwath are the devil’s spawn. In truth, all are honourable individuals committed to the betterment of society. They simply have different ideas about how to achieve this goal.

Now, mostly of you know that I am a long-time Liberal supporter. I have no hesitation though in admitting that the Liberals have made mistakes in the past eight years.

Continued on next page

I would love to know what government has not made mistakes. It's quite easy to criticize, while almost impossible to govern error-free.

I think that government leaders should have a best before date stamped on them. Perhaps the U.S. has the right idea. Presidents are allowed to serve two terms and out they go. Compare that with our political system, where prime ministers and premiers get to keep their jobs as long as they have the support of their parties.

At this point though, that is water under the bridge. The Liberals are being led by the person who brought them to power, a man who has made his share of political errors.

Still, I look back and remember Ontario under the Mike Harris Conservatives, where teacher strikes were the norm and Walkerton went from being another town to one enshrined in history – for all the wrong reasons. Yes, Tim Hudak was there, but this time out he promises his party will do things differently.

Unfortunately, his negative campaign style concerns me. Perhaps it is time to try a different way this time out, neither Liberal nor Conservative. Maybe it is time to stick to the tried and true. Should we take a chance that the Conservatives will be different this time around?

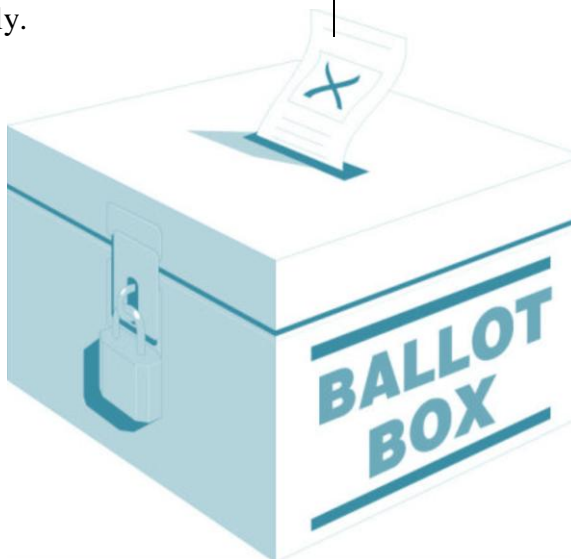
I wish I had the right answer. Then again, I do. Whatever party you support, on October 6 get out there and cast a ballot for the candidate and party of your choice. It's your democratic right and your democratic responsibility.

Shanah Tovah

Jeff Rosen

*My friends, love is better than anger.
Hope is better than fear. Optimism is
better than despair. So let us be loving,
hopeful and optimistic. And we'll change
the world.*

- **Jack Layton, 1950-2011**



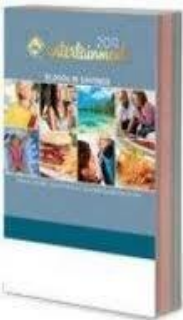
PUBLIC HEALTH AT MEETINGS



Members and guests who are exhibiting signs or symptoms of a cough or cold or are generally not feeling well, are requested to wear surgical masks when attending lodge meetings in an effort to contain the spread of germs to others.

Thank You

ENTERTAINMENT 2012



It's that time of the year again. Time to stock up and sell the new Entertainment book. Forestdale Heights is once again selling these great bargains at \$30/book.

If you are interested, please contact Barry Gordon at **barrysgordon@sympatico.ca** or call 416-631-8261 and let him know how many you require. Remember this is a major fundraising project for the lodge.

Please do not call on Shabbat or Jewish holidays.

SUKKOT RECIPES

Maple Chicken with Potatoes (Meat)

Prep Time: 10 minutes

Cook Time: 2 hours

Total Time: 2 hours, 10 minutes

Ingredients:

- 2 pounds (1 kilograms) chicken pieces
- 3-4 medium-sized potatoes
- 2-3 tbsp. vegetable oil
- 2-3 tbsp. paprika
- 1-2 tsp. salt (optional)
- maple syrup (parve) to coat chicken



Preparation:

1. Preheat oven to 400 degrees Fahrenheit.
2. Grease a shallow baking pan.
3. Peel and cut potatoes into cubes. Mix potatoes with oil, paprika and salt. Place in baking pan.
4. Bake potatoes, uncovered, for 30 minutes.
5. Turn oven temperature down to 350 degrees Fahrenheit.
6. Carefully remove potatoes from oven, place chicken pieces on top. Then pour maple syrup on top of the chicken, allowing some to drip down over the potatoes.
7. Place chicken in oven, uncovered, for 1 hour and 15 minutes, or until browned. Baste with the maple-flavoured drippings once or twice during the baking process.

YIELDS: Serves 4-6

SUKKOT RECIPES

Pomegranate Apple Salad (Parve)

Prep Time: 15 minutes

Total Time: 15 minutes

Ingredients:

DRESSING (can be made days in advance):

- 1/3 cup vinegar
- 3/4 cup sugar
- 1 tsp. salt
- 1 tsp. dry mustard
- 1/2 small onion
- 1 cup vegetable oil
- 1 1/2 tbsp. poppy seeds

SALAD (make fresh):

- 1 head lettuce
- 1 pomegranate, seeded
- 1 green apple, chopped



Preparation:

DRESSING:

1. In a food processor, combine vinegar, sugar, salt, mustard and onion. After the ingredients are well blended, slowly add in oil.
2. Pour dressing ingredients into a jar. Add poppy seeds and shake well.
3. Store in the refrigerator.

SALAD:

1. Wash and dry lettuce leaves. Place in an airtight container and refrigerate.
2. Carefully (pomegranate juice stains), remove seeds from the pomegranate. Place in an airtight container and refrigerate.
3. Just before serving, put lettuce in a serving dish. Add pomegranate seeds. Cut apple into thin strips and add to the salad. Sprinkle some of the dressing on top and toss.

VARIATION:

You can simplify preparation by using store-bought Poppy Seed Salad dressing.

WOODBINE 2011

It has often been said, "Third time's the charm." This proved the case for our annual outing to Woodbine Racetrack this year. After two aborted attempts to come together for this popular social programme, Forestdale Heights finally had a very successful outing to the racetrack on Sunday, September 11.

Unlike past years where we have ventured out in cold February evenings to see Standardbred or harness races, this year we took in the Thoroughbred races on a warm September afternoon. While overall turnout was down this year, more lodge members made the trek to Woodbine than they did in 2010. Everyone who came out enjoyed a delicious buffet meal at Favourites Restaurant, good company and an entertaining afternoon at the track. In keeping with FHL practice, those who requested their salmon be prepared separately were easily accommodated by the chefs at Woodbine.

While most did not stay until the end of the 10th race, a good time was had by all and some of us even managed to walk away with big smiles after picking the winning horses.

We were also treated to gift vouchers enabling us to try our hand in the casino, which also proved equally enjoyable (and sometimes profitable).

Special thanks to Bonnie & Michael Kates for all their work in making this programme a success.

Jeff Rosen



WOODBINE 2011



To view photos in colour,
please go to
www.kolechad.ca/woodbine.htm



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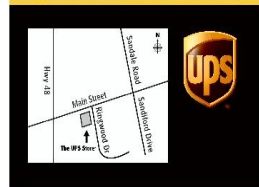
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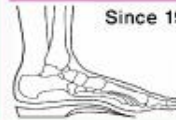
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SANDY'S SCRIPT



We have had a bit of turmoil on our street during the summer. Four homes were up for sale. Two of the houses sold and new neighbours moved in. The other two houses were scheduled to be torn down.

It looked like things were going ahead smoothly in the building process on one of the properties. The foundation was in and the form of the house was taking shape. Things looked like they were going ahead as planned. The property across the street from that building site was also slated to be torn down. The bulldozers were there digging and were so loud you couldn't hear yourself talk (this property was closer to ours).

I mentioned to another neighbour, it looked like they cut too close to the adjoining property. After talking to the owner of that house, he told us that he had damage to his house. As time went on, we noticed there were no workmen around and we could not understand why. We tried to find out from other people what was going on. Apparently the two houses that were being built did not have the proper permits and

building was halted. They both had the same builder.

The building across the street in which excavation was not too far along had no fence around it and was a hazard to the children on the street. I won't even mention the standing water on the property during the many heat waves we had this past summer. They finally put up a fence leaving enough room for an inquisitive child to crawl through that has since been rectified. However, general building process has not been started on this site as yet.

Needless to say, there have been numerous city inspectors around at odd times. Someone must keep an eye on the builders!

If you are going to build a house, make sure you know your builder, have confidence in them and they have all the necessary permits as stated by the municipality.

Until the next time.

Sandy Gordon





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GOOD & WELFARE

Birthday

Rosalie Moscoe
Carl Zeliger
Sandy Gordon
Ivan Bloom
Nate Salter

October 4
October 12
October 15
October 30
October 31



Anniversary

David & Arna Gorender
Harvey & Debbi Silver

October 26
October 28

Mazel tov to

Stan Horowitz on the engagement of his daughter Jodi Lynn Horowitz

Due to circumstances beyond the control of Kol Echad, a lot of birthday and anniversary records pertaining were lost over the summer. It would be greatly appreciated if everyone could resend this important information to jelijo@sympatico.ca.

Also if you are not getting regular emails include your email address.

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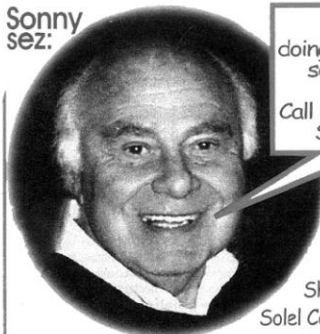
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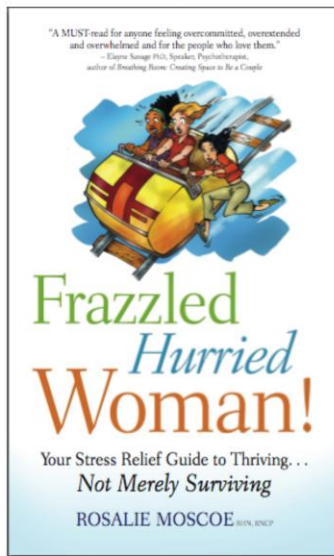
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1:00 - 3:00 p.m.
(presentation at 1:30 p.m.)

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HEALTH IN HARMONY

Helping Jewish Food Banks - A Mitzvah



Tzedakah comes in many forms and what better way to help those less fortunate than ourselves than to give them food – the staff of life. In giving to the kosher food

bank, you're not only doing a mitzvah in helping to feed those who cannot even buy necessities of life, you're also showing that you care.

According to an article in *The CJN*, the kosher food bank was created through the efforts of seven Toronto synagogues. It operates out of two locations: Beth Sholom Synagogue, which is closed during the summer, and Pride of Israel Synagogue. The latter location operates year round and is supported by our own lodge.

Most of those who visit the food bank each week are on government assistance and many need these food banks for basic subsistence. In our land of good and plenty, we may not realize the plight of those who are immigrants without work, those who are unemployable or those who have

mental or physical disabilities. They need our help.

It appears that donations to the Jewish food banks have dropped off. We all need to be reminded to bring canned or packaged kosher items to our monthly meetings. If you forget, you can always give a small donation – even a couple of dollars would be helpful.

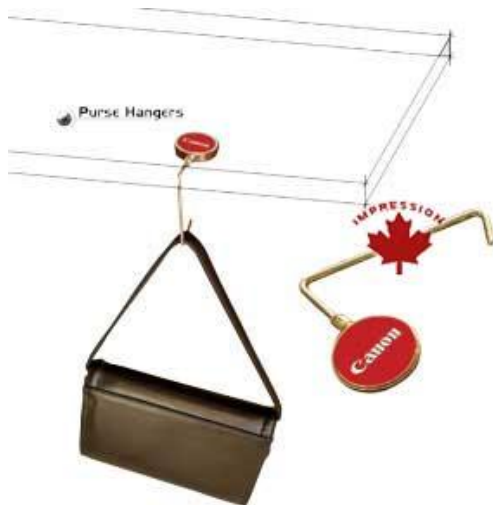
Carl, our speedy messenger delivering the food to the Pride of Israel, will be happy to have many bags to carry to the kosher Food bank. Those of you have delivered food baskets for Purim or Passover can attest to the many needy Jewish individuals in our community. Unfortunately, we still have lots of work to do. I know Forestdale Heights Lodge members are up to the task. Thanks for your ongoing giving nature. The people who line up each week to receive this food are so very grateful.

To view *The CJN* article online, go to <http://bit.ly/n8GhVZ>

Rosalie Moscoe

Jewish Holidays 5772

Rosh Hashanah New Year	September 29-30 <i>Thursday-Friday</i>
Yom Kippur Day of Atonement	October 8 <i>Saturday</i>
Sukkot Feast of Tabernacles	October 13-19 <i>Thursday-Wednesday</i>
Shemini Atzeret	October 20 <i>Thursday</i>
Simchat Torah	October 21 <i>Friday</i>



FUNDRAISING

Our fundraising project selling **Purse Hangers** is going great. If you are interested in taking part in this important fundraising programme, or need more of the product, please contact Ray Moscoe. He can be reached at raym@tes.net or phone (416) 816-0877.



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