

# KOLECHAD

October 2010  
Tishrei/Cheshvan 5771



Next Dinner Meeting: October 4

# WANTED

People to help run the monthly bingo program at 4300 Bathurst Street. Please contact Irv Pupko at 905-709-2675 or ipupko@sympatico.ca. Our lodge will be in charge of the games the second Tuesday of each month starting at 7:25 p.m. Next bingo will be October 12.

## AT A GLANCE

October 4	Dinner Meeting
November 8	Speaker & Dinner
December 6	Dinner Meeting
January 10	Dinner Meeting
February 5	Race Night
February 7	Dinner Meeting
March 7	Dinner Meeting
April 4	Dinner Meeting
May 9	Dinner Meeting
June 6	Dinner Meeting

## YEARLY AD RATES

Full Page	\$200
Half Page	\$100
1/4 Page	\$50
Business Card	\$40

10 issues published every year

If you would like to advertise, please call  
Harvey Silver, Business Manager,  
416-223-0780.

## KOSHER FOOD BANK

At our March meeting it was decided that **Forestdale Heights** will be supporting the Pride of Israel Kosher Food Bank, which serves between 135 and 145 people per week. Members are requested to bring an item of **non-perishable kosher food** to each lodge meeting. The food items should bear one of the **kosher certifications** (examples shown below). Donations of sealed toiletry items are also welcome. Donations will be collected at each meeting and delivered the following day by Carl Zeliger.



## KOL ECHAD

Kol Echad is the official publication of Forestdale Heights Lodge. It is published 10 times a year. We welcome all articles or letters from members of the lodge and their families. All material submitted is subject to editing. The editor may consult with members of the bulletin committee regarding content suitability and editorial decisions.

All opinions expressed in Kol Echad are those of the individual writers and do not reflect the views of either Forestdale Heights Lodge or B'nai Brith Canada.

**Editor:** Jeff Rosen  
**Advertising:** Harvey Silver  
**Editing Staff:** Bonnie Kates, Lisa Rosen

# PRESIDENT'S PEN



As most of you know (and for those who do not), I am a “True Baseball Fan”. It all started when I was part of organized baseball in the Toronto City League for the “Lizzies”. The games were held in Christie Pits. The love of the game continued and when I was 10 years old, I remember those wonderful Sundays when my father took me to Maple Leaf Stadium to see the Toronto Maple Leafs play double headers.

At 13, I started to work at the stadium selling programs and cold drinks. I enjoyed every game and looked forward to another day at work. Years later, at age 25, I played for our Lodge continuing each year, (despite resulting knee and thumb injuries and surgeries). It was all worth it! However, at age 63, I knew it was time to hang up my baseball shoes.

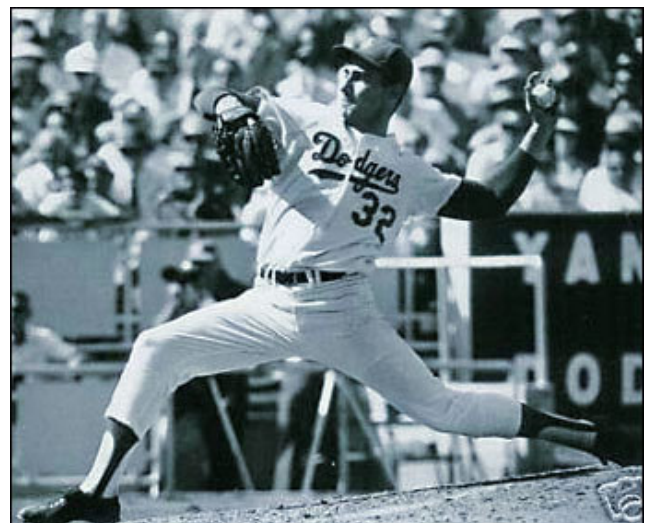
Over the years, Jewish baseball fans had heroes such as Hank Greenberg and Sandy Koufax (photo opposite) and others. We felt proud. When both Greenberg and Koufax refused to play on the High Holidays, they were admired and respected by Jewish people all over North

America – they belonged to us! Those players were great role models.

Being involved in baseball helped mold my life; it taught me that while the game is thrilling and important, it's more important to be a good person and a mensch. With all the hard work involved, and importance of team work, being involved in baseball, taught me to be a hard worker, to be honest, reliable and have respect for people. (This philosophy was also taught to me by my parents and grandmother and I work to pass these values on to my children.)

Many things in life make us good people. Baseball has helped guide me towards that goal. Perhaps you can reflect on what has helped you.

*Ray Moscoe*



# COVER ART



*Jews Praying in the Synagogue on Yom Kippur* or *Jews pray*, is a painting by Maurycy Gottlieb of 1878, depicting Ashkenazi Jews praying in the synagogue on **Yom Kippur**, the Jewish Day of Atonement.

Traditional elements shown include tallitot, kippot, the Torah, and the segregation of men and women in the synagogue. The artist has painted himself (to the right of the seated rabbi, looking outwards) among the people of his hometown of Drohobych.

Gottlieb (1856-1879) was a Jewish painter, of Polish-speaking Galician Jews from the western part of Ukraine. He was born in Drohobych (at that time Austria-Hungary), Galicia, modern Lviv region, western Ukraine.

Maurycy was one of Isaac & Fanya Tigerman Gottlieb's eleven children. At fifteen, he was enrolled at the Vienna Fine Arts Academy. Later, he would study under Jan Matejko in Kraków. However, he experienced anti-Semitism from his fellow students, and left Matejko's studio after less than a year, he then traveled to Norway settling in Molde. After several years he returned to Vienna to pursue his Jewish roots.

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# EDITOR'S DESK



Rosh Hashanah is a time for new beginnings and renewed hope as we usher in another new year. Unfortunately, for my family this year, it was also a time to say goodbye to a beloved family member, Joseph

Lambert.

I'm sure many of you have had your own "Uncle Joe" To simply say he was a role model and a great man would do him injustice. He was a complex man, sort of a Jewish "Lou Grant" type who on the surface was all bluster. However, dig deeper and there was so much more, a man who did for others without ever asking or expecting anything in return.

I plan to remember both sides of him as long as I can. Too often, after a family member passes on, we tend to accentuate the positive and forget or ignore the negative. However, I believe to do so does a disservice to the deceased. In the process, the person

becomes one-dimensional - more of an ideal than the real flesh and blood person they once were. They wind up being revered as a saint. In Judaism though, we do not have saints. We have ancestors, human beings who through their flaws and strengths made this world a better place.

That was my uncle. He could engage me in a serious discussion or choose to "get my dander up" by what I would initially interpret as a provocative statement. Unfortunately, too often the message only became clear much later in life as I matured.

That too is okay, for my uncle would probably say that a lesson learned late is better than one never learned.

My dear Uncle Joe, you worked hard, never gave up on life or those around you who loved you. You have left an amazing legacy and a great memory.

Rest in peace. You will never be forgotten.

*Your nephew*

*Jeff Rosen*



Be sure to read this article. Many of us have had similar experiences. – Jeff  
<http://bit.ly/a9VzG5>

Sunday, October 1



## GOODLIFE TORONTO MARATHON

For the third year, Forestdale Heights Lodge will be helping out with the Goodlife Fitness Toronto Marathon behind Mel Lastman Square on Beecroft Road. Please contact Harvey Silver 416-223-0780 or [harveysilver@rogers.com](mailto:harveysilver@rogers.com) if you are interested in helping out. Lodge volunteers should be on site between 6:30-6:45 a.m.

# RANDOM MUSING



Well, I've finally found the solution to my obsession with purchasing and storing books. It is a wonderful device called Kindle, sold by Amazon.com. I know

that this is going to sound a bit like an advertisement or endorsement but, truthfully, I have not been so enthusiastic about a product in years.

The Kindle is a book-lover's dream come true. It is an electronic device that downloads books and magazines, etc. with the touch of a button. It allows you to change the size of the print, or the amount of words on each page, at will. If an author of a selected work has given permission, it also allows a person to listen to a book, although the computer voice is not like listening to a person reading it with inflections.

Since I purchased my Kindle, I have had instant access to the latest

releases, as well as the ability to check out past releases that I may have missed by my favourite authors. Purchases are stored for immediate use, or can even be archived at the Amazon store and retrieved whenever one wishes.

Because of this wonderful tool, I only need to buy one more bookshelf to manage all the remaining books that I haven't been able to donate (mostly for sentimental reasons). One extra purchase that I wisely sent for when I ordered my Kindle is an inexpensive book cover which allows the device to be enclosed in a sturdy, good-looking cover which opens and closes like a



real book. What a pleasure!

If you're looking for a real treat, this is a wonderful gift to yourself, or perhaps someone you love. I don't think you'll regret it.

On another note, I hope everyone had a happy, healthy New Year, and wish the best for you and your families in the upcoming year.

*Elizabeth Bloom*

**MARK THE DATE**

**Saturday, February 5, 2011**

**FHL's Annual Night at the Races returns**



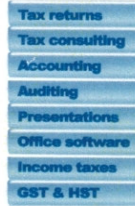
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# ENTERTAINMENT 2011

It's that time of the year again. Time to stock up and sell the new Entertainment book. Forestdale Heights is once again selling these great bargains at \$30/book. If you are interested, please contact Barry Gordon at [barrysgordon@sympatico.ca](mailto:barrysgordon@sympatico.ca) or call 416-631-8261 and let him know how many you require.



## ALLOCATIONS

If you have a charity you wish the Lodge to make a donation to, please send the request to Irv Pupko at [i.pupko@sympatico.ca](mailto:i.pupko@sympatico.ca). All requests for assistance will be discussed and allocated at our December meeting.

## DINNER MEETINGS

At our September meeting, the lodge voted to increase the cost of our monthly dinner meetings for members from \$5 to \$8 per person. At the same time, it was approved that guests/non-members will be charged \$10 per person. Price increases will take effect January 1.



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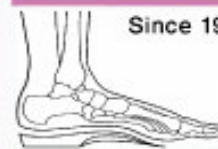
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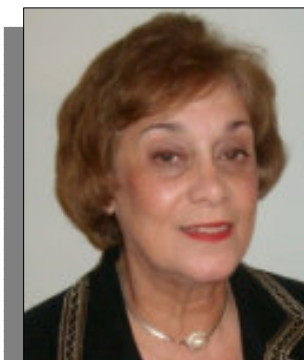
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# SEPTEMBER MEETING

Our opening meeting of the season was chaired by our new president, Ray Moscoe, top right. The budget was passed and programs and ideas for the coming year were discussed. The Lodge also welcomed prospective members, Allan and Linda Greenberg, top left. Bottom right is Richard Kotzen and, bottom left, is Barry and Sandy Gordon and Jacquie Lindsay.



# AS I SEE IT



As I sit at the computer writing this column, my husband Michael is busy putting up our sukkah. What has become a tradition for us is that Jeff Rosen has taken to fulfilling the mitzvah of sukkah building by serving as assistant to the head contractor, Michael, in the building project. Each year it seems the task of putting up the sukkah becomes easier.

The Book of *Vayyiqra* (Leviticus) describes a sukkah as a symbolic wilderness shelter, commemorating the time G-d provided for the Israelites in the wilderness they inhabited after they were freed from slavery in Egypt.

Michael and Jeff have the building of the sukkah down to a fine art form. It starts like this; first, there is breakfast and conversation. A second cup of coffee and more conversation. I so much enjoy the social aspect of sukkah building day.

Then the work begins. Michael and Jeff move the walls from the side of the house where they are stored to the back yard. The boards are in pairs of

two, put together with folding piano hinges so the workers simply open up the two boards and then attach a wall to another set of piano-hinged boards, until the all the sukkah walls are erect.

In less than two hours, the sukkah is built and ready for its decorations of plastic fruit and veggies.

A sukkah (Hebrew: סוכה, plural, סוכות, Sukkot; Sukkoth, often translated as "booth") is a temporary hut constructed for use during the weeklong Jewish festival of Sukkot. It is topped with branches that allows you see the through them, to see the stars above.

We have on occasion taken a trip to the wilderness to bring home branches and

*S'chach* (sukkah roofing) for the sukkah but it seems the wilderness is moving further north and the trip there was just not worth the time and effort. Instead, we found that our local green grocer, Sue's Fruit Market, was bringing in bundles of cedar tied up in neat little bundles for *S'chach*.

Each year the price of the *S'chach* was going up at Sue's until a few years back we spent nearly \$200 on the cedar branches.



Continued on next page

It was then that we learned about bamboo mats that could be rolled out on top to make the roofing cover and when Sukkot ended, we were able to roll them back up and store them again for future years. We have been going that route the last few years.

Last December, I noticed that Sue had brought in cedar bundles of *S'chach*, now called "boughs" to deck out homes for Christmas at half the price of *S'chach* sold around the Jewish holidays. It seems strange that the

same cedar bundles are so much cheaper at Christmas than for *yom tovs*. Hummmmmmm...

It just wouldn't be Sukkot without having a sukkah built. We wouldn't be able to enjoy the fun of having tea and fruit in the sukkah if we didn't have good friends to help us build it. I love the holiday, I love the social aspect of it, and I love being able to celebrate with family and friends that give meaning to our lives.

*Bonnie Kates*

## NOVEMBER MEETING

Please join us for our November 8 dinner meeting when our speaker will be FHL's own first lady, Rosalie Moscoe.

Rosalie will be speaking on

## STRESS RELIEF & NUTRITION TO STAY YOUNG

If you plan on coming to the meeting, please be sure to contact Albert Ohana at **416-494-2636** or **[salonpiaff@rogers.com](mailto:salonpiaff@rogers.com)** before November 1

If you know of someone who you feel would make an interesting speaker for one of our monthly meetings, please contact Ray Moscoe at 416-636-1560.

# FORESTDALE FUNNIES

## Remarkable Quotes from Remarkable Jews:

My father never lived to see his dream come true of an all-Yiddish-speaking Canada.

**David Steinberg**

I once wanted to become an atheist but I gave up. They have no holidays.

**Henny Youngman**

Look at Jewish history. Unrelieved lamenting would be intolerable. So, for every ten Jews beating their breasts, God designated one to be crazy and amuse the breast beaters. By the time I was five I knew I was that one.

**Mel Brooks**

The time is at hand when the wearing of a prayer shawl and skullcap will not bar a man from the White House, unless, of course, the man is Jewish.

**Jules Farber**

Even if you are Catholic, if you live in New York, you're Jewish. If you live in Butte, Montana, you are going to be goyim even if you are Jewish.

**Lenny Bruce**

God, I know we are your chosen people, but couldn't you choose somebody else for a change?

**Shalom Aleichem**

The remarkable thing about my mother is that for thirty years she served us nothing but leftovers. The original meal has never been found.

**Calvin Trillin**

Let me tell you the one thing I have against

Moses. He took us forty years into the desert in order to bring us to the one place in the Middle East that has no oil!

**Golda Meir**

Even a secret agent can't lie to a Jewish mother.

**Peter Malkin**

Humility is no substitute for a good personality.

**Fran Lebowitz**

My idea of an agreeable person is a person who agrees with me.

**Benjamin Disraeli**

It's so simple to be wise. Just think of something stupid to say and then don't say it.

**Sam Levenson**

Don't be humble; you are not that great.

**Golda Meir**

I went on a diet, swore off drinking and heavy eating, and in fourteen days I had lost exactly two weeks.

**Joe E. Lewis**

Bankruptcy is a legal proceeding in which you put your money in your pants pocket and give your coat to your creditors.

**Sam Goldwyn**

A spoken contract isn't worth the paper it's written on.

**Sam Goldwyn**

I have enough money to last me the rest of my life unless I buy something.

**Jackie Mason**

I don't want to achieve immortality through my work. I want to achieve immortality through not dying.

**Woody Allen**

Marriage is a wonderful institution. But who wants to live in an institution?

**Groucho Marx**

Whoever called it necking was a poor judge of anatomy

**Groucho Marx**

A politician is a man who will double cross that bridge when he comes to it.

**Oscar Levant**

Too bad that all the people who know how to run this country are busy driving taxis and cutting hair.

**George Burns**

Liberals feel unworthy of their possessions. Conservatives feel they deserve everything they've stolen.

**Mort Sahl**

I don't want any yes-men around me. I want everybody to tell me the truth, even if it costs them their jobs.

**Sam Goldwyn**

With the collapse of vaudeville, new talent has no place to stink.

**George Burns**

When I bore people at a party, they think it is their fault.

**Henry Kissinger**

## SEPTEMBER MEETING

More scenes from our September meeting. Bonnie and Michael Kates mug for the camera, left, while Harvey Silver collects money for the meal.



# HEALTH IN HARMONY

## *Do it Now! - Unlock the Door to Procrastination*



Procrastination is a result of our attitude toward an event or project we need to complete. It's that sick feeling in the pit of your stomach every time you think about the incomplete project. Like making New Years' Resolutions, you have good intentions but the ideas get buried, forgotten or you say "I'll do it later". Very often "later" becomes never. Alternatively, if it's a work related project, often you may end up cramming the work and burning the midnight oil the last couple of days before the deadline.

Not fulfilling obligations on time affects your credibility. In addition, scrambling at the last minute to get things done is stress producing, and ultimately, it can stop you from achieving your goals. While making hasty decisions isn't always the best course of action, spending too much time procrastinating becomes dawdling, putting off important changes or decisions - and then sometimes it may be too late. It's true, timing is everything.

**The main reasons for procrastination are:**

- a) Perfectionism. You're afraid to start a project because we don't have all the information, it has to be perfect. *You* have to be perfect - an impossible task, which very often keeps you from forging ahead.
- b) You dislike the project or resent the person who gave us the project.
- c) You schedule a task when you're tired (like writing a column at 12:00 midnight!)
- d) You're afraid of failure.
- e) Your goals may be half-hearted.
- f) You're disorganized and can't seem to see your way out of the muddle.

**So what can you do? Ask yourself these questions:**

- What purpose does my procrastination serve? Will it help me succeed?
- What would I like about the put-off job once I've started it?
- What wouldn't I like about it?
- What would be the consequences if I continue procrastinating?
- What have I done in the past to overcome procrastination that might work for me now?

**Continued on next page**



Still not moved to start a project? It's time for action! Institute an "I'm Taking Action Now" voice instead of an "I'll Do it Later" voice. You can say to yourself:

- **DO IT NOW!** - Repeat several times.
- I'm up for the challenge!
- It doesn't have to be perfect!
- What a challenge!
- I'll divide the large task into small mini-tasks and tackle each one, one at a time.

- I'll write down all my tasks - in one place, prioritize them, and then **START**.

When you do **START**, you will see how good it feels. Anchor those feelings within you, keeping them strong - the keys to unlocking the steel door of procrastination.

*Rosalie Moscoe*

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KENNY KORMAN

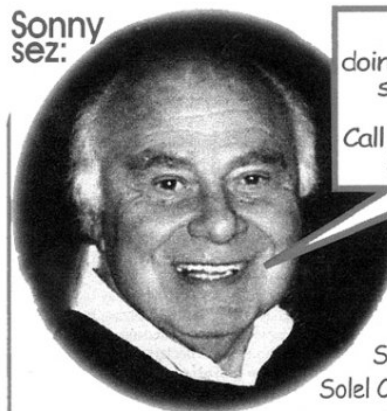


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## Birthday

Rosalie Moscoe	October 4
Carl Zeliger	October 12
Sandy Gordon	October 15
Ivan Bloom	October 30
Nate Salter	October 31

## Anniversary

David & Arna Gornder	October 26
Harvey & Debbi Silver	October 28

## KOLECHAD.CA

Most of you are aware of our website, which includes all our regular columnists. However, you may not be aware of everything YOUR Lodge's website does contain.

- Web Memories charts the history of the lodge's bulletin, looking back at past programs and columns;
- Links to B'nai Brith web sites from around the world;
- World News and Sports offers up-to-date news items;
- Jokes & Recipes;
- FYI offers interesting and unusual items of interest;
- An FHL Blog to allow members to comment on life in the lodge or anything that strikes their fancy.

THE SITE IS FOR MEMBERS.  
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# SANTORINI



Santorini is perfect for a company function, rehearsal dinner, family reunion or whatever your personal vision might be!! Our staff is experienced in corporate and private events from 15 to 150 people. The staff and management at Santorini are dedicated to making your event a memorable success. Begin each meal with complimentary relish tray served with stone-oven fresh baked bread. Then select from our affordable menu, featuring fresh seafood and certified Angus beef. The chefs daily specials and feature menu, are a gastronomical delight.



**288 John Street, Thornhill, ON, L3T 6M8 • 905.731.4400 • [www.santorini.ca](http://www.santorini.ca)**



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