

# NOVEMBER MEETING



Monday, November 10  
Dinner 6:30 — Meeting at 7:15  
Please RSVP to Albert Ohana  
at [salonpiaff@rogers.com](mailto:salonpiaff@rogers.com)  
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# KOL ECHAD



Kol Echad is the official publication of Forestdale Heights Lodge. It is published 10 times a year. We welcome any and all articles or letters from members of the lodge and their families. All material submitted is subject to editing. The editor may consult with members of the bulletin committee regarding content suitability and editorial decisions.

All opinions expressed in Kol Echad are those of the individual writers and do not reflect the views of either Forestdale Heights Lodge or B'nai Brith Canada.

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<http://www.kolechad.ca/>

## At A Glance

October 19	Toronto Marathon
November 10	Dinner Meeting
December 1	Dinner Meeting
December 14	Chanukah Parcel Delivery
January 5	Speaker & Dinner Meeting
January 31	Night at the Races

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### Kol Echad Deadlines

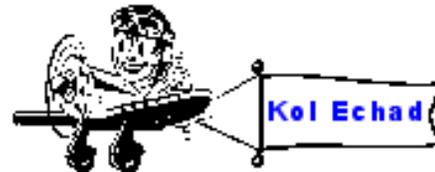
December Issue	November 11
January Issue	December 9
February Issue	January 6
March Issue	February 8

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# President's Pen



This is, for me, a mixed time of the year. It is, in some ways, my favourite time. The weather changes from the heat of summer (well, most years) to the cooler, crisp days of fall. The trees change from a sea of green to vibrant yellow, orange, and red. Most important, it is football time!!

You must remember that I grew up in the U.S. and went to school in Big Ten Country (Go Spartans – that's Michigan State University for the uninformed. Go Irish – I can't explain how a Jew from New York became a fan of Notre Dame). So Saturday is College Football Day. Sunday is NFL Day. Lodge meetings on Mondays have to be as short as possible, while still doing all necessary work, so that I can watch Monday Night Football. I don't really care who is playing – I just love to watch the game. (The same is true for NCAA basketball, but that is for winter). I know there are baseball fans out there who watch the playoffs and the Series, but since the Yankees aren't involved, who cares – though I would like to see the Dodgers and Joe Torre win. There are also Maple Leaf and Raptor fans that continually hope for a championship, but would be satisfied with a playoff spot. But for me, football is the game.

There is another, a more serious side to this time of year. It is, for my family, usually a time of remembrance and sadness. The *yarzheit* for my mother Rea is erev Rosh Hashanah. Ruth's (and Albert's) mother Perla passed away just after the *shofar* sounded at the end of Yom Kippur. Ruth and Albert's grandfather passed away on Simchat Torah, and their uncle passed away at the same time of the year. When we go to synagogue for these Holy Days we go with the joy of the days, but with the sadness of our losses.

This year is a little different. The festival of Sukkot celebrates, among other things, the final harvest of the year. It is called Hag Ha Asif – the Festival of the Ingathering (Exodus 23:16, 34:22; Deut. 16:13). This year, Sukkot begins on Thanksgiving. This year, amidst the sadness, Ruth and I have much to be thankful for. Ruth and Albert's brother Allan became engaged on the first night of Rosh Hashanah and at about the same time our nephew Brandon became a father. *Mazel tov* to the Ohana families – to Albert and Honey, Ruth, Michael and Esther, and Gary and Lilianne – for these double blessings. What a perfect way to start the new year. I hope that the new year has started as joyfully for all of you.

*Irv Pupko*

# Good & Welfare

## Birthdays

Rosalie Moscoe  
 Stan Horowitz  
 Michael Kates  
 Elliott Moldaver

October 4\*  
 November 20  
 November 23  
 November 23

\*New member



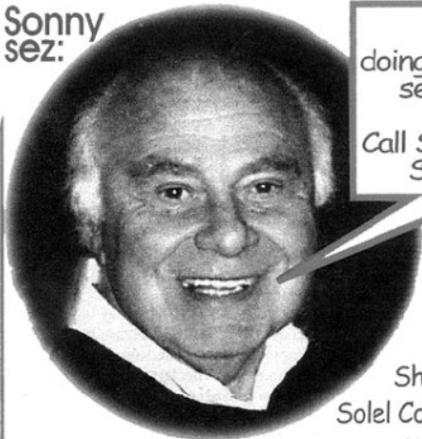
## Anniversary

Lisa & Allan Brown

November 5

*If you have something special happening in your life that you would like listed in Good & Welfare, send it to [jelijo@sympatico.ca](mailto:jelijo@sympatico.ca). We will make every effort to include it. Birthdays of members only will be listed in this space. If we have missed a special occasion in your life, please let us know so that we can update our records.*

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KENNY KORMAN

# Editor's Desk



As a journalist, one finds themselves living a good part of their life outside the regular flow of time occupied by the rest of society. I realize that this sounds like something out of Star Trek/Quantum Leap/Time Tunnel, but for me, it is a simple fact of my life, something both my family and friends who know me, take for granted.

I will endeavour to explain this process to the rest of my loyal readers (and even those not so loyal). Most of the Jewish community receives their issue of *The CJN* on Wednesday or Thursday and, for them, it is the current issue. However by the time everyone is sitting down enjoying their morning java and pouring over the Jewish news pages, it has become “last week’s issue” in my office and the current issue is next week’s issue which is the one in production.

If this sounds confusing, don’t let it bother you for it gets even better during holidays. Whenever we get a Monday or Friday off, our normal five day work week is compressed into four. However, the amount of work required producing a newspaper remains the same. That means we compress our work week and move our production schedules ahead a day. Our normal Thursday routines are moved to Wednesday and our

normal Friday schedule takes place on Thursday. The insanity in my life finally arrives at the end of the altered Wednesday schedule.

After spending a Wednesday on the Thursday timetable, I often find my headspace a bit out of whack during my drive home as I reorient myself into the regular flow of time. There have even been times when I have even looked for a favourite Thursday program on Wednesday evening and cursed the TV guide, before realizing what day it actually was.

This fractured time stream is even more pronounced during the Jewish holidays. I am constantly told how lucky I am to have every Jewish holiday off work without having to use my vacation. I acknowledge this, but the situation at work becomes even crazier as we (always successfully) attempt to squeeze five days into four or three days. This year, with Simchat Torah falling right after Thanksgiving, we had the opportunity to compress five working days into two.

Impossible, you may ask? Sometimes it may seem so, but when it comes right down to it, there is no alternative, the work gets done, and everyone gets their paper. Of course the depressurization back into the normal time stream is hard on my aging mental system.

See everyone at the next Monday meeting (or will Monday be Tuesday?)

*Shalom*

*Jeff Rosen*

# Random Musings



During the week between Rosh Hashanah and Yom Kippur, my upright freezer in the basement was accidentally left open. Something had fallen and lodged between the door and the seal, and all the contents were ruined. The melted popsicles were only the beginning of the real mess of sodden, soggy food. The only consolation I had was that I was able to recycle some items by way of our composter and green bin, as well as some cardboard for the blue box. Nonetheless, I viewed the loss as a terrible waste.

Part of the problem that had initiated the demise of our frozen food was overstocking of the freezer. Added to this, was the problem of too infrequent attempts to bring forward things from the back to use in a timely fashion. Because of the fact that this occurred during the Days of Awe, I tried to look for a deeper meaning other than the unfortunate thought that this might be a sign of a not so good year ahead. I am always trying to look for a hidden meaning in life's events, though when I was younger I usually

looked for the "silver lining". This time I was feeling much less optimistic, but hoping for insight anyway.

I owe a debt of gratitude to my neighbour who loaned me her green bin so I could double my weekly recycling contribution in the name of the environment. That was lesson number one. It is nice to have good friends. I reflected upon the idea of plenty for some, and not enough for others. That reinforced in me the necessity of giving charitable contributions, whether they be in the form of food, money, or volunteer time. And finally, I realized that this was an opportunity to start anew - in the New Year.

Although I now have to wash a sickening, sticky mess, I know I'm fortunate to have had the good luck to create such a mess in the first place. When I finally get my act together, I can carefully restock, and not do things to excess. I guess there is a lesson or two to be learned from this after all, and I can now look more hopefully toward the New Year.

Thanks for letting me vent. I feel better now.

*Elizabeth Bloom*

# Now on kolechad.ca

Since its creation, our website has been a work in progress, with new features added and old ones removed. As part of our efforts to keep the site interesting a few new things have recently been added.

- A redesign of the website.
- A link on the left side of the FYI page called *All My Faves* which contains links to hundreds of websites on the Internet.
- A new page called *World News & Sports*, which includes up-to-date news and sports videos. As this page is a live feed, expect to see fresh content every time you check the page. This page also includes some other interesting features including: This Day in History, Famous Birthdays, In the News and Quote of the Day.
- A link under B'nai Brith to B'nai B'rith Europe, a major site which includes among its links Kol Echad.



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# As I See It



I love autumn, and we are blessed to live in a part of the country that is renowned for its spectacular fall foliage displays. Autumn is a season that reminds us that nothing is permanent, as daylight

hours wane and temperatures cool.

I love the smell of the air. It is crisp, refreshing and it is such a joy to have the windows open each and every day. For a short time the length of the days and the length of nights are evenly matched. Inevitably the nights will grow even longer and the days will be of decreasing duration.

It is the season when we reap the benefits of toiling in our gardens and the

abundance of local grown produce is exquisite in our supermarkets. Oh, how sweet it is! For many it is Thanksgiving, but for us Jews it is the celebration of Sukkot.

I can't wait for the sukkah to be put up. The task of building it goes to my husband Michael along with some dear friends who have been sharing in the *mitzvah* of building it, with us, for years. Michael designates himself a master carpenter on building day. His friends take direction well and it becomes a task that seems to take less time each year. In the early years of us building a sukkah, the wind often played havoc with the construction. Before the holiday was over, a good portion of the structure had collapsed. As the years go by, Michael's building skills have improved and the sukkah gets stronger. I am

positive our sukkah can withstand the wind force of a category two hurricane. I know it was meant to be a temporary structure. Just like the one that Moses erected in the dessert.



**Continued  
on next page**

The word Sukkot is derived from the Hebrew word sukkah, meaning booth or hut. During this holiday, Jews are instructed to build a temporary structure in which to eat their meals, entertain guests, relax, and even sleep. The sukkah is reminiscent of the type of huts in which the ancient Israelites dwelt during their 40 years of wandering in the desert after the Exodus from Egypt, and is intended to reflect G-d's benevolence in providing for all the Jews' needs in the desert.

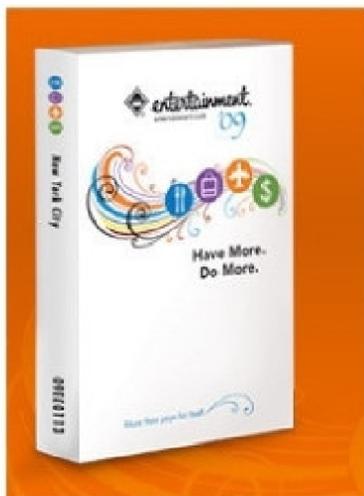
Our sukkah has electrical lights in it. I am sure Moses' did not. On occasion we have had a space heater to make those evening meals more comfortable to tolerate, as the wind howls and the temperatures drop when the sun goes down. Again, I am sure Moses' did not.

Sukkot is the perfect time to recognize what we are truly grateful for, to appreciate and celebrate the fruits of our labour. Our

veggie garden disappointed this year and we were able to harvest very little, yet we did not go hungry. We had some investment in mutual funds--like Fanny Mae and Freddie Mac but we are grateful that we are mortgage free and not suffering as our neighbours to south of us are. From a health perspective we could be doing better, but on the other hand we could be worse. We are blessed with good friends and family who we cherish and this is good. When we look back and take stock of our lives, we are truly thankful for what we have. Most important we have each other, and have faith in our traditions, our heritage and culture, and all of these are the values we most selflessly cherish.

*Bonnie Kates*

## Entertainment 2009 Books are out



They sell for \$25 this year. If you are interested in obtaining them, you should call Stan Horowitz and make arrangements with him to pick them up at 40 Jonathan Gate (Clarke & Hilda area). Stan can be reached at work at 905-475-2222 or his cell at 416-995-7826 or by e-mailing him at [shorowitz@kblp.ca](mailto:shorowitz@kblp.ca).

# Sandy's Script



I now have a webcam on my computer that works for a change. My daughter and I set a time when I can see the boys. We have met twice already and I'm not getting much response from the

babies just yet. I would like to think that in the future they will get to know their *Bubbie* a whole lot better.

If they could talk now, I would imagine the dialogue would be something like this: "Our Mommy is taking us to the computer room to see *Bubbie*. *Bubbie* keeps telling us how much she loves us and that she can hardly wait to see us up close and in person. We see someone on the computer screen but we are not sure what we are supposed to think or do. Mommy told us that it is *Bubbie* from Toronto and she wants to see us. So Mommy and Daddy hold us up close to the computer so *Bubbie* can have a good look at us. I heard her say once, wow, look how much they have changed."

My daughter asked if I recognized who is who...I said of course, the image of whose who is etched in my mind. How could I forget the two little bundles I saw only minutes after they were born?

"Sometimes Mommy puts that contraption to our ears also, to listen to someone talking. We don't know what they are saying yet but it sounds good anyway. We always hear *Bubbie* loves you coming from that thing next to our ears. We think it means something but we can't figure it out, so we just go along with it because there is nothing else we can do. Well everyone seems to be happy anyway! So why should we rock the boat?

When people asks where our *Bubbie* lives, we will tell them in our computer."

Well, that is all they will know for the time being.

What matters are the moments (in whatever form they may be) I have with them now will help them on the path to their future!

*Chag Samayach!*

Until the next time.

*Sandy Gordon*

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**October meeting guest speaker  
Dr. Jay Bacher,  
a founder of the Dr. Jay Foundation**



At our meeting, Dr. Bacher discussed the foundation and its role in building playrooms at a number of Toronto hospitals. The playrooms are supervised play care centres for sick children or children of parents or siblings undergoing cancer treatment.

*The Dr. Jay Charitable Foundation provides Palliative Care funding and support for children, helping families face terminal illness with dignity and determination*



# Notes from Nate



*News and views of Forestdale Heights Lodge from a past president who is still alive and kvetching in Thornhill.*

*Keninah Horra, I can't button up the pants from fressing at the Yom Tov dinner that my*

wonderful wife just served. Diet, *shmiet*, when it comes to erev Rosh Hashanah the meal that my wife prepared consists of all those marvellous Jewish delicacies that makes being Jewish a pleasure. Getting on the scale tomorrow however will not be such a pleasant experience. Studying the diet I am on currently, the funny thing is that just about every food on the table is a definite no-no but on *Yom Tov*, who reads? Trust me I will pay for this dearly, but you know something, sometimes a man gotta eat what a man gotta eat.

As I have gotten older, what was a tradition in my parent's time continues taking place, but to my amazement and surprise, life has moved on one more generation. As a boy, I remember that my mother would labour in the kitchen for days on end, and there was no question that the entire family would gather for this important dinner. After I got married, we would have the big decision of who went to which parent for first or second night dinner. It was a challenge to keep a balance, since no

matter who we went to first, the other side was always jealous. As the children grew the tradition passed on with the family getting together at our home and my wife was the one spending hours in the kitchen preparing and making things just right.

Now that our kids have grown, this balance is once again changing, as first night, erev Rosh Hashanah will be spent at our home but second night will be spent at youngest daughter Deborah's home, with her family and her *machatanim* joining us there. Of course, both *Bubbies* and this ole *Zaidy* want maximum time with our little Benji. Unfortunately this year he will be asleep by the time we sit down to dinner. We are being kind of sneaky though, because he is going to sleep over tonight, at our house, so we will have our big treat tomorrow morning before going to *shul* since he will awaken to the smiles and kisses from *Bubby* and *Zaidy*. Please G-d next year he will be able to spend some time with us at *shul* so we can show him off to our friends before he goes to *shul* with his mommy and daddy. This year of course is the first time they will be at their *shul* showing him off to their friends. I believe the word that describes all this is *naches*.

We were talking about this new phase of life. After examining all the parameters, we have it all figured out.

**Continued on next page**

Since oldest daughter Shari will be delivering our new little pink bundle of joy in November, our weekend schedule is going to be real simple. Saturday, go bowling, next Saturday, babysit Benji, next Saturday go bowling, next Saturday babysit Shari's newest addition. To make it real simple, I am going to fool all of them when I post the babysitting rates. The sign will say "Will work for *naches and noshes*". Works for us.

Just as the festive dinners that I share with my family have become a tradition, so have the meetings of Forestdale Heights. Yes, the business and the ceremony are important, but the main attraction is the gourmet delights that appear thanks to both Albert and Harvey. As I think back, over the years, *fressing* has been a mainstay of our lodge. From our Chanukah parties with a *gazillion* kids, to our picnics and yes even our bingo food was the main attraction. As I recall, at the bingos both at Don Mills and Jane-7 and, yes, even on Church Street, the standard practice was to order in a meal for the 20 or so guys working the show since we all rushed from work to be there in time for the 6:30 early bird games. Now back in those days a guy could buy a massive amount of Chinese

food for \$50. The same went for deli as well. In fact it took two full sized tables to lay the food out for the guys. The real problem lay in the fact that the food arrived at 6:00 sharp, and if you weren't there in the first five minutes, you got to eat rice or coleslaw because that was all that was left.

Nowadays all of us are a little older, I don't think there is not one of use in the not on some kind of health diet that severely restricts what and how much we can stuff into the old *kishkas*.

For those newer members, who did not get to share the adventures of the bingo, make a point to come out to the next meeting if no other reason but to see what gourmet delights Albert and Harvey have planned. Given that everything must be kosher at the BB house, the Chinese food, or the roast chicken with all the fixins' are worth the price of admission. Not only that but coming up are a couple of dynamic speaker, so come one, come all and be sure to bring your appetite.

*Nate Salter*

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to be a fascinating evening  
January 5 meeting  
Guest speaker  
Toronto City Councillor  
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**From the September 2008 issue of Roots,  
published by Jewish National Fund of Canada**

**B'NAI BRITH LODGE SALUTES JNF**

The installation of new officers of B'nai Brith's Forestdale Heights Lodge took place earlier this summer. The theme of the decorations at the Dinner Meeting revolved around the work of JNF. Mazel Tov to the new Officers of the lodge and much appreciation to the outgoing Officers for their efforts.



*The JNF theme was evident in all table setting*

*(Left to right) Ruth Pupko, her husband Irv, newly installed President of Forestdale Heights Lodge of B'nai Brith (holding a blue box) and Sandy Gordon, our correspondent*



*Celebrating the installation of new Officers at Forestdale Lodge are (left to right) Barry Gordon, Bonnie Kates*

*Celebrating*  *Israel's 60th*

ROOTS: Volume 9, Number 2

15

**French Toast Casserole**

½ loaf of chala fresh or stale  
1/3 cup brown sugar

6 eggs  
1 ½ tsp. Vanilla  
1 tbsp. Butter

2 ¼ cups milk  
½ tsp. Cinnamon

Generously grease an 8 or 9 inch square baking dish. Tear up the chalah into ½ inch bits and put into greased dish. Slightly stale works as well as fresh chalah.

In a bowl mix eggs, milk, brown sugar, vanilla and cinnamon. Pour this mixture over the chalah and pat down lightly so that the bread is soaking up this mixture. Dot the top with butter and cover with foil. Refrigerate over night. In the morning, place the foiled covered dish into the cold oven and turn up the temperature to 350 degrees for 30 minutes. Then uncover and cook for another 30 minute, until it lightly browned and puffed up. Serve with maple syrup. This makes 4 to 6 servings.



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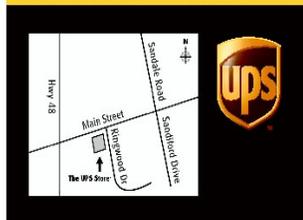


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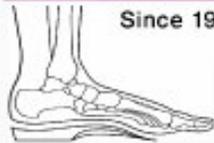
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# Jewish Logic

Moshe is waiting on the platform at the station. He notices a Jewish man standing nearby and asks him for the time. But the man ignores him. Moshe then asks him again, and the man responds in the same way.

Frustrated, Moshe asks "Excuse me, but I've asked you for the time twice, why are you ignoring me"

Suddenly, the man looks up and says,

"We're both waiting for the train, if I answer you, then when we get on the train you will come and sit next to me, we will probably start talking, and I may invite you to my house for Shabbat, there you will meet my daughter, you will probably like her, you may eventually want to marry her, and to be honest with you, WHY WOULD I WANT A SON IN LAW WHO CAN'T AFFORD A WATCH?"

## Thought for the Day

### WHAT CAUSES ARTHRITIS?

A drunken man who smelled like beer sat down on a subway next to a priest.

The man's tie was stained, his face was plastered with red lipstick, and a half-empty bottle of gin was sticking out of his torn coat pocket.

He opened his newspaper and began reading.

After a few minutes the man turned to the priest and asked, "Say Father, what causes arthritis?"

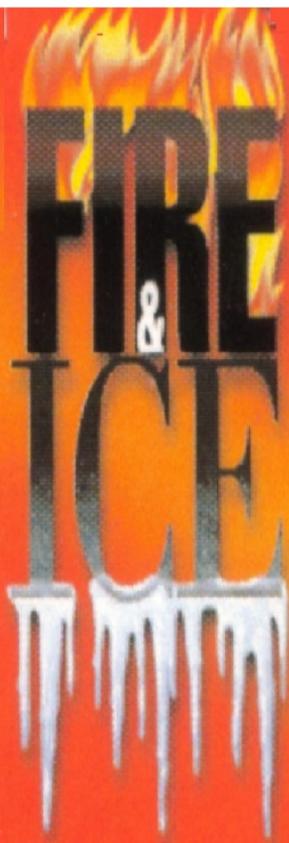
The priest replies, "My Son, it's caused by loose living, being with cheap, wicked women, too much alcohol, contempt for your fellow man, sleeping around with prostitutes and lack of a bath."

The drunk muttered in response, "Well, I'll be damned," Then returned to his paper.

The priest, thinking about what he had said, nudged the man and apologized. "I'm very sorry. I didn't mean to come on so strong. How long have you had arthritis?"

The drunk answered, "I don't have it, Father. I was just reading here that the Pope does."

**MORAL:** Make sure you understand the question before offering the answer. You will be happier if you will give people a bit of your heart rather than a piece of your mind.



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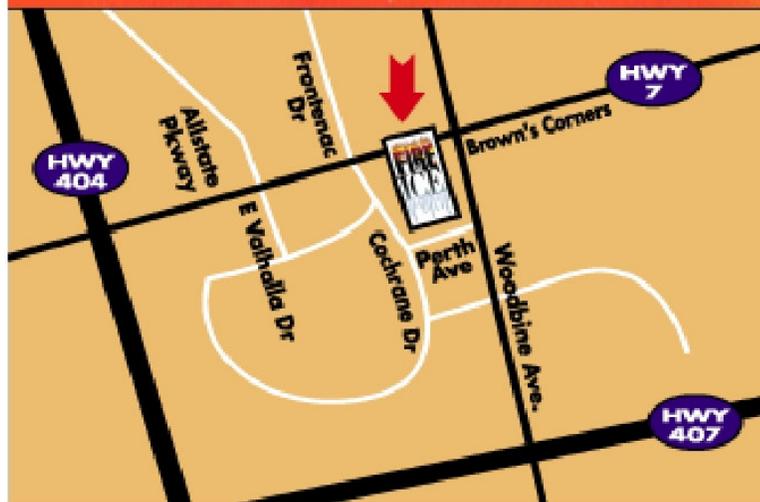
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