

Forestdale  
Heights  
Lodge

# KOL ECHAD

קול אחד

פורסטדייל  
הייטס  
לודג'

November 2007

Cheshvan/Kislev 5768

Please join us on **Monday, November 19** when our guest speaker will be

## **Dr. Miguel Llano**



speaking on men's health issues.

Dr. Llano is a Urology Associate with the Division of Urology at Mount Sinai Hospital.

He has been associated with the Murray Koffler Urologic Wellness Centre at Mount Sinai Hospital since January 2003. He is in charge of the Erectile Dysfunction Clinic, and the Prostatitis Clinic, as well as providing support services in General Urology. He has a special interest in Erectile Dysfunction, including Clinical Research and Educational programs on this topic.

**Dinner 6:30 p.m.**

**Speaker at 7:15 p.m.**

**Meeting following**

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to this exciting evening*

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at [salonpiaff@rogers.com](mailto:salonpiaff@rogers.com) or call 416-494-2636

# KOL ECHAD



Kol Echad is the award winning official publication of Forestdale Heights Lodge. It is published 10 times a year. We welcome any and all articles or letters from members of the lodge and their families. All material submitted is subject to editing. The editor may consult with members of the bulletin committee regarding content suitability and editorial decisions.

All opinions expressed in Kol Echad are those of the individual writer and do not reflect the views of either Forestdale Heights Lodge or B'nai Brith Canada.

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**Website:**  
<http://www.kolechad.ca/>

## At A Glance

Monday, Nov. 19	Dinners & Speaker
Monday, Dec. 17	Dinner Meeting
Monday, Jan. 21	Dinner Meeting
Monday, Feb. 18	Nomination Meeting
Monday, March 17	Election Meeting
Monday, April 14	Dinner Meeting
Monday, May 26	Dinner Meeting

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### Kol Echad Deadlines

December Issue	Nov. 15
January Issue	Dec. 15

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# President's Pen



My column is undergoing a bit of an identity crisis, because I have an identity crisis going on within me. I've been writing for the Forestdale Heights bulletin on and off for a

number of years now.

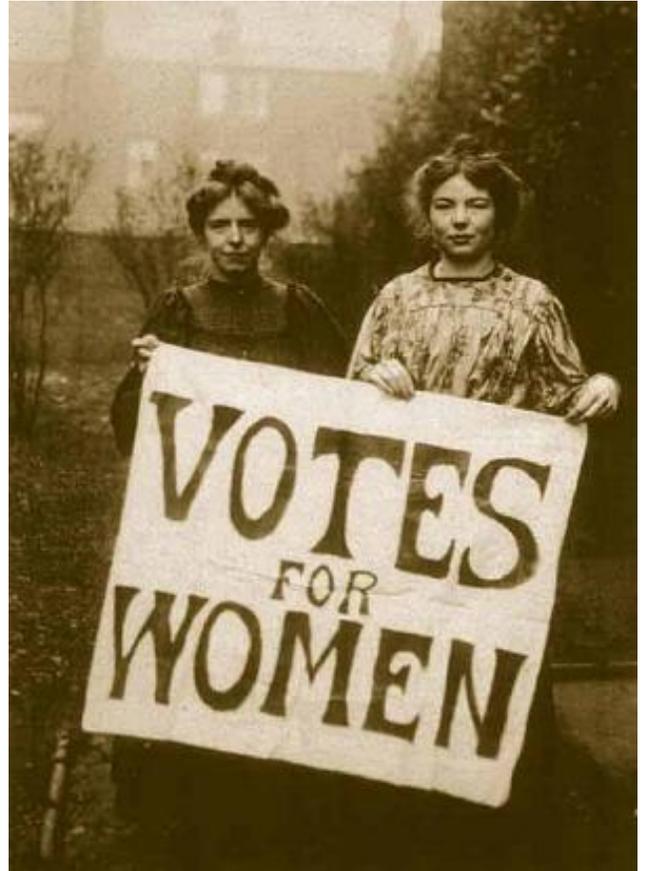


I have written on occasion, columns about things going on in and



around the lodge. I have often been reminded by our Editor, Jeff, that I should write more from a President's perspective and not so much about things that interest me, issues of the day and thoughts mulling around my mind. I am not only president of the lodge, I am a wife, a mom, a teacher, a nurse, a friend, and dare I say, a woman, so I've got a lot to say about any number of topics. What woman doesn't, come to think of it.

Therefore, I have many identities. I am sure a psychologist would have a field day knowing about all of my different identities. To say that I change hats moment to moment is an understatement.



I am the great granddaughter of Rebecca Samuel-Lazarus. Not a name that I am sure that is familiar to you. She was born in Toronto to immigrant parents and she was a woman well ahead of her times. She marched on Queen's Park to get the right for women to vote in Ontario in 1917 and she paved the way for women to have equal say on how and whom we elect to the various levels of government in this country.

**Continued on next page**

Women today are free to study, to speak, to write, to choose their occupation, largely due to the efforts of women like my great-grandmother. The debt that each generation owes to the past must be paid forward and extended to the future. In essence, we need to plan for our children, their children, and their children.

As I write this column, under the influence of Percocet, from my lap top sitting up in my bed, I now have a new hat on, that of a patient. I had foot surgery yesterday. I am stuck in bed with my foot wired together elevated at a 45-degree angle.

I don't particularly like wearing the hat of a patient. I much prefer wearing the hat of the nurse. We need to not have one identity but to have many. I'm just not impressed with how the hat of patient looks on me.



*Bonnie Kates*

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## Cheshvan in Jewish history

### 7 Cheshvan - (1933) - Death of R. Meir Shapiro

Passing of Rabbi Meir Shapiro of Lublin, founder of the daily "page a day" regimen of Talmudic study known as Daf Yomi.

### 12 Cheshvan - (1995) - Assassination of Yitzhak Rabin

Yitzhak Rabin is the only Prime Minister of Israel to date to have been assassinated.

### 17 Cheshvan - (2105 BCE) - Great Flood Begins

The rains began to fall on the 17th of Cheshvan of the year 1656 from creation (2105), flooding the earth and rising above the highest mountains.

### 23 Cheshvan - (137 BCE) - Hasmonean holiday

In Talmudic times, Cheshvan 23 was commemorated as the day on which the stones of the altar which were defiled by the Greeks were removed from the Holy Temple.

### 27 Cheshvan - (2104 BCE) - Flood ends

On the 27th of Cheshvan of the year 1657 from creation (2104 BCE) "the earth dried" completing the 365-day duration of the great flood that wiped out all life on earth save for the eight human beings and the animals in Noah's ark; on this day, God commanded Noah to "Come out of the ark" and repopulate, settle and civilize the earth.

# Good & Welfare

## Birthdays

Neil Snitman                      November 1  
Stan Horowitz                    November 20  
Michael Kates                    November 23



## Anniversary

Allan & Lisa Brown    November 5

*If you have something special happening in your life that you would like listed in Good & Welfare, send it to [jelijo@sympatico.ca](mailto:jelijo@sympatico.ca). We will make every effort to include it. Birthdays of members only will be listed in this space.*

FHL wishes a speedy recovery to Bonnie Kates following her recent foot surgery.  
FHL wishes a speedy recovery to Morris Shapransky, Irv Pupko and Ivan Bloom.

## *Can You Hear The Music?*

Leonard Mayzel Ontario Lodge (LMOL)  
has extended an invitation  
to join them for an evening of

## CANTORIAL MUSIC

to be held at 15 Hove  
on Sunday November 4, 7:30 p.m.

The cost is \$5.00 and refreshments will be served.  
If you are interested in attending,  
please contact Bonnie Kates at  
(905) 669-2408 or [katesfamily@sympatico.ca](mailto:katesfamily@sympatico.ca)



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# Editor's Desk



Think back two years.

Ontario's PC Party turned their backs on the legacy of Mike Harris and Ernie Eves and chose a new leader, one who harkened back to the party's "Red Tory"

days of Premier William Davis. At the time, I said to my friends and colleagues that John Tory was sure to win the next provincial election. After all, most Conservative leaders gravitate to the premier's office.

I believe he would have (and still deserves a chance) had he not made a few fatal flaws.

After all, our last and current premier, Dalton McGuinty, has been anything but perfect. Promises made...promises broken are usually hard to justify in any situation.

Where Tory erred is in going down the same route travelled by his Conservative predecessors.

First off, he pledged not to engage in negative advertising and to campaign on his own merits. Unfortunately like many politicians, could not resist the urge to denigrate his opponents.

His biggest mistake though was in mixing religion and politics. It is a shame he did not learn his history lessons, specifically those from the 1985 provincial election in which Conservative leader Frank Miller went up against Liberal challenger David Peterson.

According to Wikipedia, Miller was hampered in part by Davis' decision to extend public funding for Catholic Separate schools to grade 13, a decision that had been left to Miller to implement. Although the policy was supported by all parties in the legislature, it was unpopular with some in the Conservative's traditional rural Protestant voter base. Many PC voters were so upset that they stayed home on election day because of this issue.

Perhaps that is what happened this time around, as just over half of the province's eligible voters choose to exercise their franchise.

The result is that McGuinty has become the first Liberal leader since Mitch Hepburn in 1937 to win back-to-back Liberal majorities.

Clearly, the public likes this province's public institutions. Whether it is health care, social services, or education, people will support any party that promises to defend the status quo, even if that status quo is not always equitable. I pity any political party or politician who fails to grasp this because the result will probably be the same.

**Continued on next page**

It also did not help Mr. Tory that he announced he would put the issue to a free vote in the Legislature if elected.

While the PC leader claimed the change in tactics showed he was willing to listen to the public, his last minute conversation on the issue smacked of desperation politics. If there is one thing the public will not tolerate is a weak or indecisive leader. That is why Mike Harris and Dalton McGuinty – from opposite sites of the political spectrum – received back-to-back majorities. Even when the public disagrees with a politician's agenda, they welcome a leader who takes a

principled stand and sticks with an often unpopular agenda.

If John Tory is lucky, his party will give him another chance in four years. They should think long and hard before abandoning this successful executive. Like a great wine, great leaders usually do not spring up overnight, but take time to develop.

Whatever they do I fear that Tory's mishandling of the issue has buried it, if not for all time, then for the foreseeable future.

*Shalom*

*Jeff Rosen*

# SALON DAY

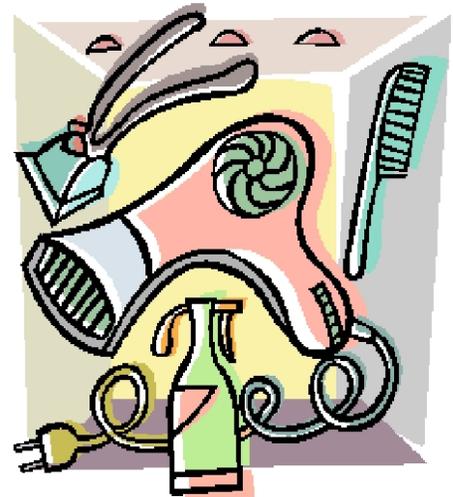
Come on out to Salon Piaff, 112 Cumberland St.

**Sunday, November 18**



when Lodge Brother Albert Ohana and his staff provide professional salon cuts for clients of Jewish Family & Child Services

If you are interested in taking part in this program, Please contact Barry Gordon at [barrysgordon@sympatico.ca](mailto:barrysgordon@sympatico.ca) or call 416-631-8261



# Holiday Gift Basket Program



If you would like to help show the lodge's appreciation to our hard working emergency support services by delivering a holiday gift basket to a fire hall, police station or ambulance centre, please let Barry Gordon know. Baskets will be given to members at our December meeting. Members can then deliver them any time before and including December 25.

**Barry can be reached at  
(416) 631-8261 or [barrysgordon@sympatico.ca](mailto:barrysgordon@sympatico.ca).**

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## Severe Weather Driving Tips

### *On ice or snow*

- Bridges and overpasses freeze first, so always slow down and avoid sudden changes in speed or direction.
- Keep windows clear.
- Keep your speed steady and slow -- but not so slow that your car gets stuck in deeper snow.
- Use your brakes cautiously. Abrupt braking can cause brake lock-up and cause you to lose steering control.
- To make Antilock Brakes work correctly, apply constant, firm pressure to the pedal. During an emergency stop, push the brake pedal all the way to the floor, if necessary, even in wet or icy conditions.
- If you get stuck in snow, straighten the wheels and accelerate slowly. Avoid spinning the tires. Use sand or cinders under the drive wheels.

### *In high winds*

- It is best not to drive a trailer, van or other "high-profile" vehicle in high winds.
- If driving in high winds, use extra caution near trailers, vans or vehicles carrying lightweight cargo.

# Random Musings



Every year around this time, my colleagues and I are required to renew our CPR certification. CPR stands for cardio-pulmonary resuscitation.

As a nurse, I have had to resuscitate patients and, believe me, the adrenaline flows while things are happening and afterwards.

However, imagine what would happen if people didn't have this skill.

All one has to do to learn CPR is attend a class for a brief time once a year and practice. Perhaps someone's life could be saved as a result. What if everyone old enough to understand the principles and handle the physical requirements were to take a CPR class? How many people could be saved during those precious moments while one is frantically waiting for an ambulance to arrive? During those few moments, the importance of keeping a loved one's circulation flowing could mean the difference between life and death.

Imagine that you were in a public place and the unthinkable happened. You or a loved one suffered a cardiac arrest. Many

possible causes could have created such a situation. Your life would then depend upon the quick response of people who knew what to do at that moment, people whose training had prepared them to react appropriately. I'm sure we would all want someone to come to our rescue.

With that in mind, I would like to suggest that you consider training for this life-saving procedure. I know it sounds frightening. We dread emergencies, and are afraid to confront our own performance anxiety. However, think of the alternative. How frightening would it be to watch and wait helplessly, unsure how to respond?

To me, the amount of discomfort one might feel attending a CPR class is worth the effort. I encourage you to take this step, and perhaps add a first aid course as well. I don't think you will regret it. Neither will those around you.



*Elizabeth Bloom*

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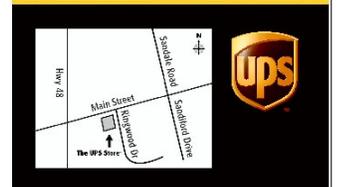
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# October 22 Meeting

On October 22, members of Forestdale Heights gathered for our monthly meeting to conduct business of the lodge and enjoy a delicious dinner of party sandwiches, Caesar salad and pasta salad.

During the meeting we discussed how we could assist the General Wingate Branch of the Royal Canadian Legion in their annual poppy campaign. If you are interested, please contact Bonnie Kates at 905-669-2408 or [katesfamily@sympatico.ca](mailto:katesfamily@sympatico.ca). The lodge will be sponsoring a Chanukah dance for members of BBYO on Saturday, December 8, *motzi Shabbos* at the National Council of Jewish Women. Those interested in helping out should contact Bonnie Kates.

It was also decided to hold an allocations meeting at our next monthly meeting.

Please send any allocation requests to Nate Salter at [honest.nate@sympatico.ca](mailto:honest.nate@sympatico.ca) by December 12. A request should include the name of the charitable organization, purpose of the allocation and amount requested.

Photos by Jeff Rosen. More photos at [www.kolechad.ca/oct22.htm](http://www.kolechad.ca/oct22.htm)



# Notes from Nate



*News and Views from a Past President still living in Thornhill who realizes that all politicians are created equal just some lie better than others*

*Nu* pardon me if I make a big *greps*, because my *pipik* is *oisegeshtupped* with turkey and all the fixins. Now normally this time of year, this is the last comment you would hear from a Jewish father, but in our family, that is not the case.

Without going into a lot of histrionics, our daughter Shari decided not to marry into our faith. Some would shake their heads and look aghast at this situation, but from my perspective, my son-in-law Dave loves my daughter, treats her with respect, and shares in our traditions and celebrations. Most importantly, he makes my daughter and the rest of the family happy.

This year for the first time, Shari and “big” Dave invited their whole family to their home for a traditional Thanksgiving dinner. They were fortunate that in addition Andrea and myself and his parents as well as our Deborah, her husband “little” Dave and our beloved Benji, Big Dave’s grandmother and his uncle and aunt

from North Wilkesboro, Carolina all joined us.

What a feast of turkey, cranberry sauce, mashed potatoes, stuffing, and all the fixins. This was finished off with pumpkin pie or lemon meringue pie, all done in the traditional manner. Who knew that the daughter who only went into the kitchen to find out what was in the fridge would become a *balabusta*.

It was a wonderful meal, with fine interesting people and a grandson who stole the show. It was an evening to be savoured as another new family tradition.

So where am I going with this you might ask? Simply put, while we have all been raised in our own Jewish traditions and customs, we live in a secular world. It is not necessary for good people to wear their religion on their sleeves when getting together. It should be enough to join in the celebration of good times with each other, sharing the joy of the occasion for what it is without any secondary considerations of political correctness.

This past election campaign has been hurtful, because the red herring of religious education was joyfully used by the ruling party to cloud the real issues and foment distrust and unrest among the population.

**Continued on next page**

When my children were small, they attended public and high schools. I paid out of my pocket to send them to Hebrew school to learn their heritage. There were no second thoughts about extra cost. There was no plan to have somebody else pick up the tab, as this was my choice. Had we been better off financially, I doubt that I would have sent them to parochial school full time. We believed that they had to learn that the whole world was not Jewish and that to get along in life one must accept all races and religions.

While the promise to fund separate education is a fair one given the absurdity of what goes on in our province with the funding of only one religion, what was done to Jewish and other religious groups during the campaign borders on the worst kind of racism.

I would only hope that the damage done to interfaith relations is allowed to heal after the election, which took place after this was written. The last thing we need is intolerance from either direction. Given the rather violent

things going on in this world against the Jews, we certainly do not want to fan the flames here in Canada.

What is more important than anything that can be taught in school is our own attitude towards others of different faiths. Having a *bris* does not make one a *mensch*. Going to church does not make one a Christian. It is the deeds and attitudes between each other that really count.

*Nate Salter*



**At the October 22 meeting.**



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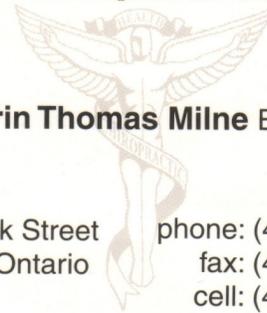
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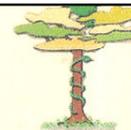
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## *Sandy's Scripts*

Is there anyone out there not on Facebook?

I have met the nicest people on Facebook, have kindled past acquaintances and have made new

friends.

Oh yes, I cannot forget Scrabulous!

Have you ever had nine games of scrabble going at the same time? Now that's being addicted to the game. Then again, the nine people I am playing

with must be just as addicted because it's a never-ending game. You finish one and immediately start up another! The system gives you your personal stats such as your wins and in many cases, your losses and yes I keep going back. It's like baseball, I

have 14 wins and 15 losses and I didn't even have to go to bat!

The best part about Facebook is the ability to keep in touch with people.

Yes, e-mail does it too but you can actually see what people are doing by the statements they make, the friends they have, and the applications they join on

Facebook.

It also has an "event" application, which I used when planning a party...really neat! You can join groups of interest...these keep people in touch all over the world.

If you are not on...sign up at [www.facebook.com](http://www.facebook.com) I invite you to be my friend!

Until the next time.

*Sandy Gordon*





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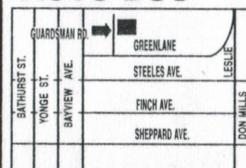
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# *FHL @ DML Gala*



On Saturday, October 7, FHL President Bonnie Kates and her husband, Michael, attended the 50th anniversary gala of Don Mills Lodge at the Venetian Ballroom. Our lodge representatives are seen here, along with the lodge's gala logo.



# RESERVE THE DATE



Saturday, February 2, 2008

Join Forestdale Heights



as we head to  
Woodbine Racetrack  
for our annual

## **NIGHT AT THE RACES/SLOTS**

*Stay tuned for further details*

## ***OUT OF THE MOUTHS OF JEWISH CHILDREN***

A little boy was attending a wedding of a close relative. After the ceremony, his cousin asked him, "How many women can a man marry?"

"Sixteen," the boy responded.

His cousin was amazed that he had an answer so quickly.

"How do you know that?" "Easy," the little boy said. "All you have to do is add it up, like the Rabbi said: 4 better, 4 worse, 4 richer, 4 poorer."

After the circumcising of his baby brother in shul, little Jonah sobbed all the way home in the back seat of the car. His father asked him three times what was wrong.

Finally, the boy replied, "That rabbi said he wanted us brought up in a Jewish home, and I want to stay with you guys!"

The Religious School Teacher asks, "Now, Sammy, tell me frankly, do you say prayers before eating?"

"No sir," little Sammy replies, "I don't have to. My Mom is a good cook."

After a Shabbat service at the Temple in Owensboro, Kentucky, a mother with a fidgety seven-year old boy told me how she finally got her son to sit still and be quiet.

About halfway through the sermon, she leaned over and whispered, "If you don't be quiet, Rabbi Cohen is going to lose his place and will have to start his sermon all over again!" It worked."

A little girl was sitting on her grandfather's lap as he read her a bedtime story. From time to time, she would take her eyes off the book and reach up to touch his wrinkled cheek. She was alternately stroking her own cheek, then his again.

Finally, she spoke up, "Zaydeh, did God make you?" "Yes, sweetheart,"! He answered, "God made me a long time a go."

"Oh," she paused, "Zaydeh, did God make me too?"

"Yes, indeed, honey," he said, "God made you just a little while ago."

Feeling their respective faces again, she observed, "He's getting better at it, isn't he?"

## KOL ECHAD ON THE WEB

For those who have Kol Echad in their browser favourites, please note that our site can only be accessed through the following URLs:

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