

Forestdale Heights Lodge, B'nai Brith Canada

KOLECHAD

March 2017
Adar/Nisan 5777



פָרִים

Volume 15, No. 1



Remembering
Michael Kates

COVER ART

Where has the time gone? It's March already. That means it's time to celebrate Purim, which begins on Saturday, March 11 and ends the following day, March 12, the day we move our clocks forward one hour. This issue, we also say goodbye to a leader in the Lodge.

Support our advertisers

They support our Lodge

GILA MARTOW

MPP - THORNHILL



1136 Centre Street, Unit 4

Thornhill, Ontario L4J 3M8

T: 905-731-8462

E: gila.martow@pc.ola.org

W: www.gilamartowmpp.com

The David Duncan House

**Fine Dining – Stunning Décor –
Relaxed Atmosphere.**

**Noted for the best seafood,
roast beef and choice steaks.**

**Ideally suited for corporate events
or special celebrations;
four private rooms up to 100 people
and selective group menus available.**

**Open 7 days a week for lunch
and dinner...see you soon!**

Phone: (416) 391-1424
125 Moatfield Dr.
North York, ON
M3B 3L6



<http://www.davidduncanhouse.com>



PRESIDENT'S PEN

Stewart Indig

Our Lodge brother, Michael Kates, passed away on January 27, 2017. He was just 68 years old. Way too young. When I think of him, it occurs to me that he lived and was a beacon of Forestdale Heights Lodge. Everything that the Lodge stands for was exhibited in Michael. He gave of himself in any way that he could. He helped at many CVS programmes; he was chairman of the Board of Governors, recording secretary, as well as the chair of the allocations committee.

He also served on the installation committee. I am sure I must be missing one or two things. He has been a long-standing member of the Lodge and had served it very generously. He was also a friend to all. I was pleased to see that the majority of Lodge members were present at his funeral.

In business, it is said that every employee is replaceable. However, to the Lodge, Michael is truly irreplaceable. His shoes cannot be replaced by just a single person. With Lodge numbers going down I urge you all to think of Michael and how you can help the Lodge fill his shoes. I am not asking you to do this for me, but to do it for Michael. He was Forestdale Heights Lodge. Be involved and not a bystander. This is something he would have wanted.



Michael Kates was installed as president of FHL in 1988. Michael served from 1988-89 and then returned in the new century to serve from 2001-2003. He was the first lodge member to serve three terms.

AT A GLANCE

KOL ECHAD

Kol Echad is the official publication of Forestdale Heights Lodge, B'nai Brith Canada. It is also an associate member of the American Jewish Press Association.

It is published 10 times a year.

We welcome all articles and letters from members of the Lodge and their spouses.

All material submitted is subject to editing.

The editor may consult with members of the bulletin committee regarding suitability and editorial decisions.

All opinions expressed in Kol Echad are those of the individual writers and do not reflect the views of either Forestdale Heights Lodge or B'nai Brith Canada.

Editor
Jeff Rosen

Advertising
Harvey Silver

Editing Staff
Marc Kates,
Lisa Rosen, Debbi Silver

Printing/Mailing
Aaron Pacter
Michael Pacter

March 11

March 13

March 14

April 3

May 8

May 9

June 4

Purim Programme

Elections/Dinner Meeting

Bingo

Dinner Meeting

Dinner Meeting

Bingo

Gala 50th Anniversary Installation

Dinner at 6:30; Meeting at 7:15

**Dinner Charge: \$10 members/
\$15 non-members & guests**

If you plan to attend, you must

RSVP Albert Ohana

at salonpiaff@rogers.com or call (905) 597-1999

**DEADLINE FOR ALL ISSUES IS 10TH
OF THE MONTH
UNLESS OTHERWISE CHANGED**



At the February meeting, past president Harvey Silver was approved as the new chairman of the board of governors, replacing the late Michael Kates. In this position, Harvey is now also the chair of the allocations committee.



EDITOR'S DESK

Jeff Rosen

Once more, we are forced to say goodbye to a beloved member of Forestdale Heights Lodge; not just another member though, but a leader in the truest sense of the word.

Michael Kates was someone who served as president for not just one term or even two, but three terms in total. The first came in 1988, when he succeeded the late Al Reider as Lodge leader.

Back then, our Lodge was much larger and serving one term and moving on was the norm. When a leadership crisis arose at the start of the new century, Michael stepped up to the plate and agreed to serve as president, holding on to the Lodge's top post for two terms from 2001-2003. I was fortunate enough to serve as his senior vice-president and learned a lot before accepting the mantle of leadership.

At that time, I started to learn who Michael really was. He was definitely not a person who had to raise his voice to make a point. As a result, the Lodge functioned smoothly under his stewardship. As a past president, Michael remained active in Forestdale Heights, taking part in CVS programmes, helping out with fundraising and coming out to social events. Forestdale Heights remained a major part of his life, even as tragedy struck and he was separated from his beloved Bonnie in 2011. If he had one regret in this area, it was that another woman had not stepped forward to serve as president as his wife did from 2005-2008.

Michael was not just another member of the Lodge to my family. In 2004, both Michael and Bonnie played key roles in our daughter Jordana's bat mitzvah party. I remember giving him a box of party gifts and, together, we made sure no one walked away empty handed. Another time the two of us headed out as Lodge representatives to present shirts to a local baseball team. Afterwards, we enjoyed deli sandwiches at Pancer's. That meal was but one of many the two of us enjoyed together. Years later, he helped me during my post-employment funk by bringing me into his weekly lunch circle.

Continued on next page

I'm getting ahead of myself though. You see, it was not until after Bonnie's passing that we became good friends. He was facing a new life and we were thrilled to have him join us for Shabbat dinners, Rosh Hashanah lunches and even post-Seder meals. Even when dealing with cancer-related problems and pain which racked his body, he never walked into our home empty handed. In short, he was an original, a true mensch.

What did we talk about over delicious home-cooked meals? Well, some of it I would never print, but the memories will always make me smile. However, he loved people and, even more, loved and treasured his family. He was so immensely proud of his two sons, Marc and Lonny, their partners, and the accomplishments all had achieved. His three grandchildren held a special place in his heart and he always told us when one of their birthdays was coming up. He always lit up when talking about them.

My family has lost a great friend and confidant and the Lodge a true leader. However, the entire Kates family has lost a fantastic human being, a great father and grandfather. He will be missed by all, forgotten by none.

Goodbye Michael.



Outgoing FHL president Michael Kates passes the gavel to incoming president Jeff Rosen at the 2003 installation.

PESACH GREETINGS

To all members of Forestdale Heights Lodge:

This year we will be running Pesach Greetings in the April issue of Kol Echad. Greetings will be \$5 each (just one size). Deadline to put a greeting in is March 5. Please send wording for your greeting to jelijo@sympatico.ca.

Cheques (made out to Forestdale Heights Lodge) or cash can be handed in at the March meeting or mailed to Jeff Rosen, 150 Harris Way, Thornhill, Ont. L3T 5A8.



FEBRUARY MEETING



Mark Spergel, sales representative at Royal LePage Signature Realty, was guest speaker at the February 13 meeting.

Contact: VITO



MAPLE AUTO BODY

1393569 Ontario Limited

Collision - Spray Painting

Repairs to All Makes - First Class Workmanship

49 Costa Rd. & Hwy. #7
Concord, Ontario L4K 1M9

Tel: 905-669-2066
Fax: 905-669-2055



Northwood
Mortgage Ltd.
IAC-10168

Aaron Kates, B.A.

Credit Recovery Manager
Senior Mortgage Adviser

•C 416-318-3444 •F 866-401-2219

akates@northwoodmortgage.com

www.northwoodmortgage.com/aaronkates

7676 Woodbine Avenue, Suite 300, Markham, ON L3R 2N2

LLOYD LINDSAY CPA, CA, CMC

Chartered Professional Accountant

Licensed Public Accountant

Accounting

Auditing

Tax Returns

Tax Consulting

Income Taxes

GST & HST

QuickBooks

Office Software

Presentations

Address: 1166 Carlo Court
Mississauga, Ontario
L4W 3N6

Tel: (905) 629-8498

E-mail: info@lloydindsay.com

Web: www.lloydindsay.com



SILVERBERG, PEREL & SHELDON LLP

CHARTERED PROFESSIONAL ACCOUNTANTS

E. HOWARD SHELDON, CPA, CA, B.Sc.

1170 SHEPPARD AVE. WEST, UNIT #10 14845 YONGE STREET, SUITE #210
TORONTO, ONTARIO M3K 2A3 AURORA, ONTARIO L4G 6H8

e-mail: hsheeldon@spc.on.ca

BUS: (416) 636-6690 FAX: (416) 636-4160 CELL: (416) 727-3469



WINDSOR INSURANCE GROUP

Steve Midanik

Member

Independent Financial Brokers of Canada

1136 Centre Street, Suite 208
Thornhill, Ontario L4J 3M8

Bus: (905) 731-5382
Fax: (905) 731-7830
Cell: (416) 580-1836

CARL S. ZELIGER, B.A., LL.B.

BARRISTER, SOLICITOR AND NOTARY

SUITE 510
245 FAIRVIEW MALL DRIVE
TORONTO, ONTARIO
CANADA M2J 4T1

TELEPHONE: (416) 496-2600
FAX: (416) 496-1708



3M Drug Mart

"Pharmacists are not created equal"

905-882-4774

905-882-1580

3mdrugmart@gmail.com

105-7117 Bathurst Street
Thornhill, ON, L4J 2J6

Mark Spergel

Sales Representative

Royal LePage Signature Realty

Shops At Don Mills

8 Sampson Mews, Suite 201, Toronto, Ontario, M3C 0H5

office: 416 443 0300 direct: 647 984 9079 fax: 416 443 8619

mspergel@trebnet.com

www.mytorontohome.com www.royallepagesignature.com

NOMINATIONS

At our monthly meeting in February, the following individuals were nominated to serve on the executive for the 2017-2018 year. Elections will be held at the March 13 meeting.

President: Stewart Indig
Senior Vice-President: Richard Kotzen
Vice-Presidents: Elizabeth Bloom, Ruth Pupko
Treasurer: Debbi Silver
Recording Secretary: Eddie Arkin
Financial Secretary:
Trustees: Rhona Levistan, Lisa Rosen
Chaplain: Harvey Silver (un-elected position)



**Do you think
you or someone you know
could benefit from the use of
Hearing Aids?**

Celebrating 20 years

Celebrating 20 years as the Largest Canadian Owned and Independently Operated Hearing Clinic in Ontario. Discover our Award Winning advice, service and care at a clinic near you.



Book your **FREE** Hearing Test & Hearing Aid Demo today!

Hearing Solutions
www.hearingsolutions.ca

Spring Farm Marketplace
Clark & Hilda, Thornhill (888) 885-4370

Lawrence Plaza
Bathurst & Lawrence, Toronto (888) 817-5088



GOOD & WELFARE

Birthdays

Michael Pacter	March 9
Marc Pollock	March 12
David Gorender	March 21
Ray Moscoe	March 22



Forestdale Heights Lodge expresses condolences to the Marc and Lonnie Kates and the entire Kates' family on the passing of their father and grandfather, former Lodge president Michael Kates. May his memory be a blessing forever.

If you have any special moments in your life that you wish to share with the Lodge, please send announcements to jelijo@sympatico.ca.

BINGO



Our next bingo will be Tuesday, March 14.

If you would like to help out, please contact Richard Kotzen (416) 783-2737 or richkotzen@rogers.com.

Future bingo dates will be May 9, and June 13. There is no bingo programme in April, due to Passover.

Purim 5777

Sonny
sez:



I'm here
doing what I do best,
serving you and
loving it!
Call Sonny, that's me,
Sonny Langer.

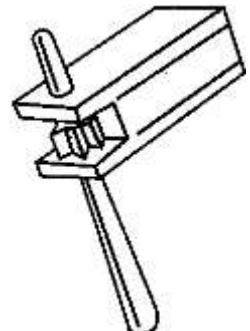
905-881-4356

Sonny Langer's Caterers

Catering at:
Darchei Noam
Temple Kol-Ami
Temple Emanu-El
Shaarei-Beth El (Oakville)
Solel Congregation (Mississauga)
Knesset Israel (Junction)
Beach Hebrew Institute

On Saturday, March 11, Forestdale Heights will be hosting its annual Megillah reading at 4300 Bathurst Street. The programme will commence at 7:25 p.m. Volunteers are requested to be there by 7:15 p.m.

If you are coming, please RSVP to Carl Zeliger at (905) 669-2732 or e-mail czeliger@wza.ca



Excite your senses with our premium selection of extra virgin olive oils, balsamic vinegars, and more...

Now open in Picton, Ontario



Extra Virgin Olive Oil



Aged Balsamic Vinegar



Gourmet Salts

613.546.5483

<http://www.kingstonoliveoil.com/>

REMEMBERING MICHAEL KATES



Michael Kates and Elizabeth Bloom at CVS programme at North York General Hospital.

It is so difficult to think of Michael Kates in the past tense. To us he was the very heart of Forestdale Heights Lodge. We will miss his warm and gentle presence. Rest in peace, Michael.

Elizabeth and Ivan Bloom

It was with sadness when we heard Michael had passed away, We knew Michael only for a short few years, but during that time we saw him frequently at our Lodge meetings and at all the different outings that we went to. As we got to know him more we found him to be a real "Mensch." He was friendly and always helpful. He will be missed at the meetings and by the lodge members. He is now once again with his beloved Bonnie. R.I.P. Michael.

Richard Kotzen & Rhona Leviston

We are deeply saddened at the passing of our dear Michael Kates, (alav Ha'shalom). He was our rock, as well as one of our key founders. If you needed to know anything about Lodge activities or rules or having trouble with an important decision – just ask Michael; he would know what to do. We wish him peace. He will be sorely missed.

Ray & Rosalie Moscoe

Michael was a great person. I remember Michael and my dad putting little flags on the table together at my bat mitzvah. I enjoyed his company when he would come to my parents' house for Friday night dinners or during the holidays. When I heard the news, I was so sorry to hear about his passing, but I know he is no longer in pain. All who knew him will miss him. I really enjoyed our weekly Facebook chats. We would "talk" and he would tell me how he was doing.

Jordana Rosen

REMEMBERING MICHAEL KATES

Two weeks ago, my parents and I went to see Michael in the hospital. About two hours after we left, he passed away. I didn't know that until the next morning when my mom called to tell me. Originally, we were going to go and see him on Saturday so when Mitchell told my mom we should come that night, I will always be grateful.

Since Bonnie's passing, I feel like our family, along with others, adopted Michael into their own. He and my parents became very close and we enjoyed our time with him. The four of us went to Buffalo for a weekend together, which resulted in many laughs and good times. He came to our family parties, Shabbat dinners, helped me move furniture and more.

He also went with my parents to Montreal a few times, the last time was when he was getting sick again and it was not confirmed at that time.

Selling the house and getting ready to have his own space for the first time was a big thing for Michael. He was determined to try to live his best life for the time that he could. Sadly, it was not long to be. That is the thing that makes me sad. He had such plans for a long life and that was cut short. That is hard to accept.

We sat together on New Years' Eve and he enjoyed a really great pizza at Laterna. We had great conversations and even though that was the last time I spoke and saw Michael I will always remember his smile.

May Michael and Bonnie both rest in peace together.

Amen.

Lisa Silver



Above: Michael Kates with Stan Horowitz and Albert Ohana. At right: Michael and Bonnie Kates.





TALKING POINTS

Debbi & Harvey Silver

Today is February 3, one week since our closest and dearest friend, Michael Kates, passed away. Harvey and I have both tried to remember the many things that Michael shared with us over the past 5 ½ years since Bonnie z”l passed away.

Actually, from the time that Michael was diagnosed with myeloma, we spent many hours visiting Michael and Bonnie z”l at Princess Margaret Hospital. We were so happy when Michael was able to have his stem cell transplant. We were all overwhelmed by the success of this procedure.

When Michael was given the clearance, off he went to visit his brother, Norman, in Israel. He was so happy to make the trip and to meet up with his nieces, nephews and great nieces and nephews. He toured Israel and came home with the most amazing pictures.

When Michael finally made the decision to sell his home and move to an apartment, everyone was so excited for him, making a new life for himself. Michael was very proud of what he accomplished with his move and in making the apartment a beautiful place to live. Alas, he didn’t even live there for one year.

Harvey and I became very close to Michael and he was invited to many of our family celebrations, Lisa’s 40th birthday (with Bonnie z”l), Shabbat dinners, my BBYO Retirement Party, etc. He was so looking forward to our granddaughter, Zoe’s, bat mitzvah on February 18, but that wasn’t going to be.

Besides going to many functions, Harvey, Jeff Rosen and another friend, Michael Scher, went out to eat almost once a week.



Continued on next page

When Michael was ill, they sometimes brought lunch to his home. These “guys” became Michael’s go to fellows. On occasion, Harvey and Jeff gave Michael lifts to the hospital for his treatments.

As a Forestdale Heights past president, Michael went above and beyond the job. Michael was well liked by all Lodge brothers and his commitment to Community Service was so important to him. After his time as president, Michael spent time on the BBC National Board working on CVS. When the Lodge was going through some difficult times, Michael stepped up to the plate and held the position as president once again. Michael was a true B’nai Brith member.

Michael was a very caring and doting father. He was so very proud of his sons, Marc and Lonny. After Marc married Rachel, came his three beautiful grandchildren, whom he loved to brag about and show their many pictures. Lonny and Mitchell were very special to Michael. He was lucky to have the special time with his family on Shabbat.

On a personal note, I have to say that over the last two years I have made it a point to be there for Michael, we talked on the phone sometimes three times a day. He always checked in with us after coming home from his treatments. On his lowest of days, he still had it in him to tell some jokes. On the Sunday, before he passed away we were visiting him and Harvey said to me “maybe we will pick up some Chinese food on our way home.” Michael piped up and said, “Go to Lichee Gardens.” I was happy that on the Thursday before his passing I went to see him (Ruth Pupko was there, as well). When we walked into the room, he gave us a big smile. Friday was a different day, we went to the hospital, I gave him a kiss, and said, “I love you” and we left the room.

I know that time will heal both Harvey and me, but we will never forget our last years spent with Michael, who truly became our very best friend. Michael, rest in peace, we will always have you in our hearts.





416-398-6777

3915 KEELE Street
South of Finch

416-292-6400

8 PROGRESS AVE.
KENNEDY South of 401
Beside Pita Pit

905-436-3730

1280 SIMCOE STREET
OSHAWA, ONTARIO
Across from Millwork
Simcoe & Taunton



Kiva's Bagels
Catering • Restaurant • Bakery

Ben Rafael

President

1027 Steeles Avenue West

Toronto ON M2R 2S9

tel: 416-663-9933

tf: 888-663-9972

ben@kivasbagels.ca www.kivasbagels.ca



Dr. Darrin T. Milne B.Sc., D.C.
www.injury-management.ca

dr.milne@sympatico.ca

4511 Chesswood Dr., North York, ON M3J 2V6

416-221-1655

CENTRE STREET DELI



CATERING FOR ALL OCCASIONS
"PARTY SANDWICHES OUR SPECIALTY"

905-731-8037

7 AM - 8 PM

1136 CENTRE STREET
THORNHILL, ONTARIO L4J 3M8

WWW.CENTRESTREETDELI.COM

You might not be able to do everything at once, but you can do everything in one place.

- Digital Printing
- Copying
- Document Finishing
- Mailbox Rentals
- Courier Services
- Packaging Supplies and Services
- Computer and Cellular Repairs

Michael Pacter
The UPS Store
5 - 18 Ringwood Dr.
Stouffville, ON L4A 0N2
Tel.: 905 642-5700
Fax: 905 642-6700
Web: www.theupsstore.ca/383
E-mail: store383@theupsstore.ca



The UPS Store®



AS I SEE IT

Marc Kates

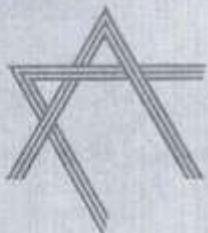
These past weeks have given me some time to reflect upon the events that have transformed my life. I now find myself in the position of being the eldest generation in my immediate family, something that I did not request nor desire at the age of 41. This was not my choice, as are many choices beyond humans' control.

The way in which we mourn a loss is based on millennia of Jewish tradition. Knowing what to expect, I found it, in many ways, easier this time around. I was aware of the actions we take and the rationale behind it. Years ago, I was presented with Rabbi Lamm's book, "The Jewish Way in Death and Mourning." While the book gave me an understanding of the process, the book did not make room for the emotional roller coaster I would experience.



My father taught me many things, and I continue to learn about and from him after his death. As I sit here with a stack of donation cards and cards of condolence, I am amazed at the vast extent of his reach, and the high esteem in which he is held. The shiva too brought a wide range of visitors from all aspects of my father's life, and how I wish that Daddy could have entertained them in his home as he had hoped. Being in my father's apartment gives me a new appreciation for his desire to be independent and make his own choices in life. What is particularly profound is the support network he had and the close friendships he nurtured. Moreover, I am amazed at the outpouring of love by my father's circle of friends, as well as my own colleagues, friends, and community members.

Even though this is a sad time for our family, I can't help but feel blessed by what I see around me. My father leaves a rich legacy and a great inheritance to us all.



Steeles Memorial Chapel

www.Steeles.org

At Steeles Memorial Chapel, we take pride in providing the Jewish community with a service that is sensitive, caring and helpful in your time of need. Our professional staff takes every detail into careful consideration.

For some, it is the relief and peace of mind knowing that their wishes are now recorded and will someday be honoured by their family. For others, it is to unburden loved ones of financial decisions at an emotional time.

For information on prearranged funeral services, please call us at

(905)881-6003

or visit

www.steeles.org

Serving the Jewish Community since 1927.



HEALTH IN HARMONY

Rosalie Moscoe

Too often, we hear about those with dementia or Alzheimer's Disease. In a recent seminar I attended, I was presented with hope through research and a myriad of actions we can take to protect the brain.

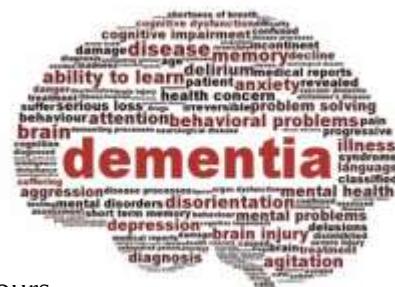
Dementia is a set of symptoms – not a specific disease. It often includes memory loss, difficulty thinking, language or problem solving.

Many people are unable to perform everyday activities, while others have mood or behaviour changes. Some causes of dementia are hereditary such as Huntington's or Parkinson's diseases. While other reversible causes of dementia are depression, medication side effects, alcohol or drug abuse, dietary, vitamin and mineral deficiencies (A, C, B1-12 and folate), infections, heart disease, brain tumours and environmental toxins. Each one of those reversible addressed and changed for the better.

Lowering our overload of toxins and pesticides, and increasing organic plant foods – vegetables, fruit, beans, legumes is a champion's way to decrease brain difficulties! Also, the use of organic meats, poultry and dairy products can also lower toxicity to the brain – less pesticides.

Alzheimer's disease is a progressive degenerative disorder that attacks the brains' nerve cell and neurons. However, it is not a normal part of aging. Some of the decline in cognitive and functional ability is highly influenced by chronic inflammation and insulin resistance in the brain. This is termed Pathophysiological Type 3 Diabetes," which includes elevated blood sugar levels. It's not enough to be taking medication for diabetes – a conscious effort to lower the starches and sugar in one's diet is critical. Also, too much exposure to aluminum through canned goods, or aluminum foil paper can be toxic to the brain. Remember when we wrapped sandwiches in wax paper?

Continued on next page



The Brain - Gut Connection: Healthy gut (bowel) flora is linked to neurological health. Take a good dose of acidophilus (or plain yogurt) each day to increase bowel motility and protect your brain!

Support Mitochondria Function

The mitochondria are the energy powerhouses of every cell. Neurodegenerative disorders are a clinical sign that a person has dysfunctional activity in the mitochondria. What helps? On the list are nutrients such as CoQ10, L-Carnitine, Lipoic Acid and glutathione. See a health professional for dosages. View the video by Neurologist David Perlmutter, MD, Naples, Florida, showing the positive changes in patients using glutathione for those with Parkinson's or Alzheimer's diseases. Another helpful nutrient is choline – found in fish and eggs and lecithin granules. Don't forget exercise – even walking boosts development of new neurons as do word games or learning something new!

SOCIAL



At a recent meeting, we discussed going to the Toronto Blue Jays game as a group.

The date is **Sunday, August 27 at 1:07 p.m.**

It's the Jays Back to School Game.

With this in mind, we have contacted the Blue Jays ticket office. The price for the 500 level right or left field is \$23 per ticket. In order to get that price we require 20 or more people who are interested. In order to secure this price, it is IMPORTANT to order these tickets as soon as possible. The money is required immediately upon your decision to join us.

So why not make this a FAMILY day by inviting your kids, grandkids, family and friends to join us.

If you are interested, please e-mail Harvey Silver at harveysilver@rogers.com or phone (416) 223-0780.

FHL@50

We are counting down to our 50th anniversary celebration in June 2017. For a comprehensive look back, go to kolechad.ca/fhl50.htm.

1995

FHL President Carl Zeliger

Prime Minister Jean Chretien / Ontario Premiers: Bob Rae/Mike Harris

January 16 – The fourth Star Trek TV series, Voyager, premieres on UPN in the United States.

April 19 – Oklahoma City bombing: 168 people, are killed by a bomb set off by Timothy McVeigh and one of his accomplices, Terry Nichols.

June 24 – The New Jersey Devils sweep the heavily favored Detroit Red Wings to win their first Stanley Cup in the lock-out shortened season.

October 30 – Quebec independentists narrowly lose a referendum for a mandate to negotiate independence from Canada.

November 4 – Israeli Prime Minister Yitzhak Rabin is assassinated at a peace rally in Tel Aviv.

1996

FHL Presidents Carl Zeliger/Arthur Eisenbaum

Prime Minister Jean Chretien / Ontario Premier Mike Harris

January 5 – Hamas operative Yahya Ayyash is assassinated by an Israeli Shabak-planted, bomb-laden cell phone.

January 20 – Yasser Arafat is re-elected president of the Palestinian Authority.

April 11 – The Israeli government launches Operation Grapes of Wrath, consisting of massive attacks on Lebanon, in retaliation for prior terrorist attacks, and sparking off a violent series of retaliations.

April 24 – The Palestine Liberation Organization drops its clause calling for the removal of Israel. The Israeli government responds by dropping a similar clause concerning the existence of Palestine.

May 30 – The Likud Party, wins a narrow victory in the Israeli general election.

CORRESPONDENCE



Opening Doors for People

January 23, 2017

18838 Highway 11
East Gwillimbury ON
L9N 0C5

P. 905.898.1015
F. 905.898.6414
T. 1.888.554.5525

www.bluedoorshelters.ca



Mr. and Mrs. Harvey Silver
27 Elise Terrace
Toronto ON Canada M2R 2W9

Dear Mr. and Mrs. Silver:

Thank you for your very kind and generous donation of items to Blue Door Shelters!

Many people experience homelessness in York Region and many more lack a secure roof over their heads. Homeless can happen to anyone.

For more than 30 years, Blue Door Shelters has opened doors to families, youth, women and men without a safe place to stay. Each year, 1300 people from babies to seniors stay in one of our three shelters. Yet our hard work and our best efforts are never enough in reducing the impact of homelessness. Blue Door Shelters believes everyone deserves a home. It's a basic right and necessary for anyone to have a chance to live their life with dignity, autonomy and self-determination.

We truly depend on the support of the community to enable us to continue our work providing valuable services to vulnerable communities. Without the support from people like you, we simply could not provide our clients with the much needed essential items they so urgently need. Please accept our sincere appreciation for the generosity you have conveyed with your donation of goods.

Please visit our website at www.bluedoorshelters.ca or our facebook page www.facebook.com/bluedoorshelters to follow our work. We thank you for helping to reduce the impact of homelessness!

Yours truly,

A handwritten signature in black ink, appearing to read "Alex Cheng".

Alex Cheng
Interim Executive Director

TORONTO MARATHON

**GoodLife
FITNESS
TORONTO
MARATHON**



by 9:00 a.m. The fun continues afterwards when we often go out for breakfast.

If you can volunteer your time for this great CVS project, please call Harvey Silver at (416) 223-0780 or email at debbisilver@rogers.com.

Sunday, May 7

Forestdale Heights Lodge has participated in the Goodlife Toronto Marathon for close to a decade. Our Lodge is responsible for the first water station behind Mel Lastman Square.

Arrival time at the water station is 6:00 a.m. and we are usually done

Pancer's Original since 1957
DELICATESSEN

*Serving the best corned beef and pastrami
in the city of Toronto since 1957*



**FREE SOFT DRINK
WITH ANY FOOD ORDER**

Offer valid March 1- April 1, 2017



**• Home Delivery
• Catering & Parties
• Open 7 Days**





**Like us on Facebook
to keep updated on future promotions**

FOR HOME DELIVERY, GO TO OUR WEBSITE AND CLICK ON UBEREATS.

For more information call (416) 636-1230 or go to www.Pancersoriginaldeli.com



Purim Sameach!

T. 905.761.9022 | F. 905.761.9023 | info@simchawine.com

Exclusive Agents Representing Wines From 9 Countries

Argentina | Australia | Chile | France
Israel | Italy | Portugal | South Africa | Spain