

Forestdale
Heights
Lodge

KOL ECHAD

קול אחד

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הייטס
לודג'ס

June 2008

Iyar//Sivan 5768

DON'T MISS OUR FIRST MEETING UNDER OUR NEW EXECUTIVE

Monday, June 16
15 Hove



6:30 p.m. Dinner – 7:15 p.m. Meeting

Please RSVP to Jeff Rosen
at jelijo@sympatico.ca or
call 905-771-6120

KOL ECHAD



Kol Echad is the official publication of Forestdale Heights Lodge. It is published 10 times a year. We welcome any and all articles or letters from members of the lodge and their families. All material submitted is subject to editing. The editor may consult with members of the bulletin committee regarding content suitability and editorial decisions.

All opinions expressed in Kol Echad are those of the individual writers and do not reflect the views of either Forestdale Heights Lodge or B'nai Brith Canada.

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At A Glance

June Meeting

Monday, June 16

Kol Echad Deadlines

Summer Issue

June 21

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President's Pen: Installation Address

Welcome to Forestdale Heights 42nd Annual Installation. It is an honour and a privilege to be installed as your president for the 2008-2009 year.

I would like, first of all, to welcome the members of my family who have joined us here tonight. Ruth's sister Liliane and Gary Budd, Ruth's brother Allen Ohana, Ruth's brother Albert and Honey Ohana, Ruth's aunts and uncles Max, Sam, Paul, and Germaine. I am especially pleased to have my brother Richard from California and my brother-in-law Clint from Cleveland with us. Like many American families, ours is spread out and it is a special occasion when we can get together.

I would also like to mention my father Harry and Ruth's aunt Rachel who are unable to be here. We wish them *refuah shelema*, good health and a speedy recovery. Also, to the members of our lodge who are going through illnesses, we wish *refuah shelema*.

Finally, we cannot forget our member and friend Morris Shapransky who passed away on Friday May 2 - Yom Hashoah. We all remember his sense of humor, his ready smile, and especially the bugle at our *Megillah* readings. We offer our heartfelt condolences to his wife Grace and to the Shapransky family.

While we remember Morris and - on Yom Hashoah - the victims of the Holocaust, we also celebrate this year the 60th anniversary of the founding of the State of Israel. We continue to pray that someday soon a solution will be found that will result in peace in the Middle East, security for the State of Israel, and the



end of terrorism around the world.

It has been an interesting year!! There have been some trials and tribulations, but through it all Forestdale Heights Lodge has continued to fulfill its vision of "People helping People." I must commend Bonnie Kates for her leadership the past three years. In spite of all the distractions Forestdale Heights Lodge continues to be a vibrant and active organization, thanks to Bonnie and the dedication of our members. We have run CVS programs with all the energy and commitment that we have. We have reached out to the youth of our community by sponsoring a Chanukah party for BBYO; we have reached out to the seniors in our community through our annual *Megillah* reading at Purim; we have reached out to the less fortunate in our community through our support of Purim and Pesach baskets. We have had our social outings, usually to places where we help the government to lower its debt.

Continued on next page

We have increased our communications with other lodges and attended their events. Forestdale Heights Lodge continues to be very active for a relatively small group.

We also provide the best on-line newsletter of any BBC lodge in the GTA, perhaps in Canada. For this we thank Jeff Rosen, Harvey Silver, Bonnie Kates, Sandy Gordon, Elizabeth Bloom, Nate Salter, and everyone else who has contributed. Your efforts are informative, amusing, and often thought provoking.

So while we are busy patting ourselves on the back, what are the challenges for the coming year? While we are proud of our CVS program, we can do more. Hopefully this year we will finally see our bar/bat mitzvah program realized. Hopefully in this coming year we will return to providing a BBQ, if not at 4300 Bathurst Street., then perhaps for Reena or for BBYO. I also hope that we can resume our role in supporting the Terry Fox Run, the Toronto Marathon, and the Labor Day Muscular Dystrophy Telethon. These are all activities in which we once participated but which, for various reasons, we let go. The executive is always looking for new ideas so I encourage you to think about programs we can support, both with person-power and with financial help. Our CVS committee will be glad to consider your suggestions. Of course, all of this requires funding and one of our main challenges this coming year will be to find

methods of fundraising other than selling Entertainment Books. Once again, your suggestions will be welcome.

This year we had two very interesting speakers at our meetings? Why not three or four? Why not a Sunday brunch with a speaker? Again I encourage members to suggest topics and speakers. We have also had a couple of social events and perhaps, if there is interest, these can be increased. Raptor game? Marlies game? Poker night? Your ideas are all welcome.

I am very pleased to have Ray, Ivan, Carl and Harvey as my vice-presidents. I know that their experience in the lodge will help me to make correct decisions. I also know that I can count on all of you for help and advice when it is needed (and even when it is not needed). I know that Lisa, Ruth, Stan and our trustees will be there when I need them.

To Ruth and Aaron, I apologize in advance for the time that being president requires. I know that you will understand.

Finally, I would like to thank Ruth, Bonnie, Sandy and Jeff for making tonight possible. It takes a lot of work organizing even a small dinner like this and I, and the members of the lodge, appreciate your hard work.

Thank you, and enjoy the rest of the evening.

Irv Pupko

Rosh Hashanah 5769



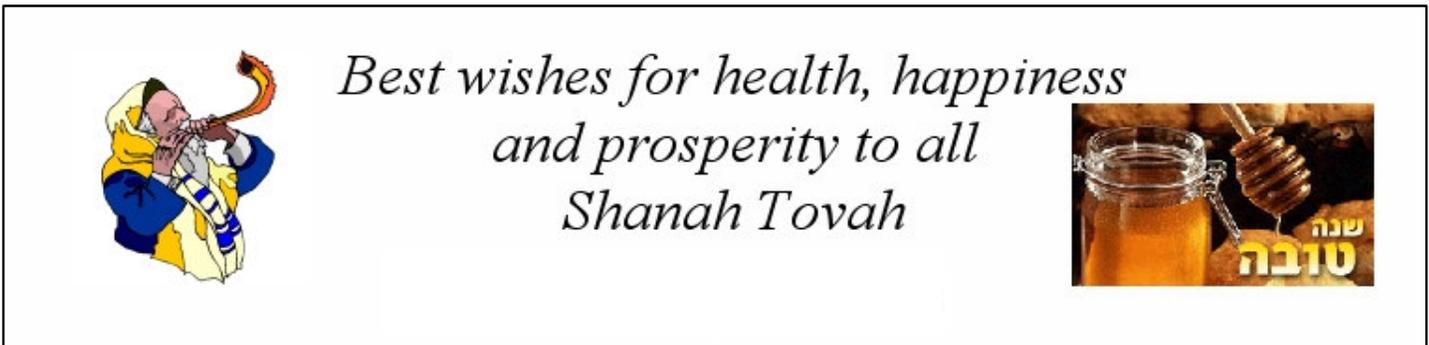
It's still a few months off, but Kol Echad is once again planning our annual Rosh Hashanah Greetings Issue.

Last year a few of our members requested larger greeting ads. This year we will be offering both standard business card and double business card size (both sizes seen below). Prices will be \$5 for the former and \$10 for the latter.

As Rosh Hashanah falls at the end of September this year, our October issue will be devoted to the High Holidays and will include the special greetings.



Once you have decided on your greeting, please send wording to Jeff Rosen at jelijo@sympatico.ca. Payment can be made at a lodge meeting or sent to 150 Harris Way, Thornhill, L3T 5A8.



Editor's Desk



The days are getting longer, the weather a little warmer (we hope) and everyone's thoughts are turning towards the summer season. So much is happening, so much going on. Before

Kol Echad takes it's summer hiatus (returning in an abbreviated form next month), there are a few things to discuss.

I met Morris Shapransky, of blessed memory, a number of years ago at one of our Purim programs at 4300 Bathurst Street. I was president at the time and he mentioned that he was interested in joining a lodge and he had been referred to Forestdale Heights.

I realized that Morris was a bit older than the rest of our members, but the lodge always grows through new members, so I encouraged him to come out and see what we were about. The rest is history.

Unfortunately, last month Morris passed away after battling cancer.

In the years he was with us though, our lodge was stronger with his presence. He always amazed me with his vitality and energy. He was not one who was simply content to come out and observe but

always wanted to get involved in programs, often arranging meetings for us at 4300 Bathurst, where he and his wife Grace, called home.

Of course, who can forget Morris blowing on his bugle at our annual Purim programs? I know I never will. One year I sat right in front of him and my ears have never been the same.

I often thought that should I be fortunate enough to have Morris' years I would hope to have at least half his zest for life. I know that even though he is no longer with us, his name will continue to live on in the lodge.

Rest in peace, Morris. Your fellow lodge Brothers and Sisters in Forestdale Heights will never forget you.

This month B'nai Brith Canada will engage in something it is calling historic and a first. A combined BBC policy meeting with a B'nai Brith International Annual General Meeting.

I find it strange that while BBI continues to have an AGM, BBC simply holds policy meetings. I used to think that BBC belonged to us, the members who pay dues and renew our membership each year. It seems I am mistaken. We pay our dues to retain membership, but have very little voice in this national organization.

Continued on next page



Before our final seasonal farewells, its time to blow my own horn a bit. I love this time of year. It marks my anniversary of joining the greatest Jewish newspaper in the country. This year will mark my 24th anniversary at *The Canadian Jewish News*. I have been very fortunate to still love what I do after almost a quarter of a century and I hope I can continue to make a valuable contribution to ensuring the newspaper's success in the coming years.

This June also marks a special milestone in my life, one that is half

century in the making. On June 12, the stars will once again be aligned, as will the calendar as it marks the exact day and date of my birth, 50 years ago. I have to admit, it is something I still have not completely digested and I hope to share my thoughts about this half century achievement in a coming column.

Until then, have a great summer and don't forget the sunscreen.

Shalom

Jeff Rosen

Retirement Planning

If you had purchased \$1000.00 of Nortel stock one year ago, it would now be worth \$49.00.

With Enron, you would have had \$16.50 left of the original \$1000.00.

With WorldCom, you would have had less than \$5.00 left.

If you had purchased \$1000 of Delta Air Lines stock you would have \$49.00 left.

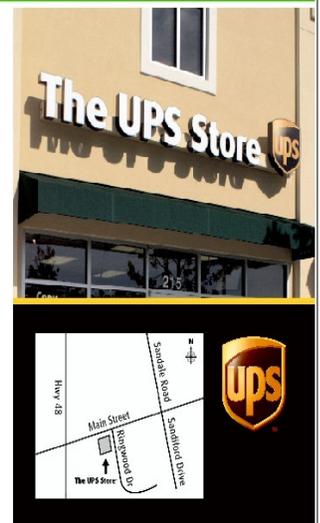
But, if you had purchased \$1,000.00 worth of beer/wine one year ago, drank all the beer/wine, then turned in the cans/bottles for the aluminum recycling REFUND, you would have had \$214.00.

Based on the above, the best current investment advice is to drink heavily and recycle.

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Good & Welfare

Birthdays

Harvey Silver June 6
Jeff Rosen June 12
Liz Matlow June 17
Harold Cohen June 23
Irv Pupko June 27
Bonnie Kates July 24
Lisa Rosen July 30
Stan Zeliger August 19



Anniversaries

Carl & Debbi Zeliger June 8
Bonnie & Michael Kates June 10
Sandy & Barry Gordon June 15
Ray & Rosalie Moscoe June 21
Ivan & Elizabeth Bloom June 27
Harold & Noreen Cohen June 27
Marc & Anna Pollock June 29
Irv & Ruth Pupko June 30
Stan & Carol Udell June 30
Michael & Carol Pacter July 2
Stan & Janet Zeliger August 8



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Forestdale Heights extends condolences to the Shapransky family on the passing of our lodge Brother Morris Shapransky. He will be missed by all who knew him.

If you have something special happening in your life that you would like listed in Good & Welfare, send it to jelijo@sympatico.ca. We will make every effort to include it. Birthdays of members only will be listed in this space.



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As I See It



We take things for granted all the time. Even little comforts, little pleasures. Friends, family, loved ones, health, money, lifestyle, even our country. The local restaurant, our favourite treat from the bakery; your Mom's *matzah* balls; your hubby who snores next to you, the same guy who gives you a backrub to soothe your worries. We take it all for granted.

It bothers us when things change and they are no longer familiar to us. Sometimes things just change. Or, maybe it is we who change and something disappears from our "granted list". The clock ticks away and one day you find that your body has changed. It doesn't obey you anymore, you grow a belly, some indigestion, and some nagging pain here and there, can not climb the steps the same way anymore. What about, those late nighters you were able to pull off, now are not possible while you are snoozing off on the couch. It is all in the timing. No one tells you, it is all about realizing you cannot keep taking things for granted anymore. That is just a warning. The worse things are yet to come.

I no longer take my health for granted. I have been sick for the eight months or so. I thought I had it licked after the 10 days of

oral antibiotic, but all that happened was the acute phase subsided enough to give me a false sense of being on the road to recovery. Ten days stretched into eight months of continuous 24/7, IV therapy. I was on a regime of experimental drugs, with special permission from Ottawa to take them, and still no complete return to good health.

I have taken my once good health for granted, but I won't anymore. The IV drugs are behind me now, and I am once again on oral antibiotics for the next six months. Believe it or not, taking a shower and being able to shampoo my hair with two hands was

taken from me, being tethered to my IV pump. The pump is gone and I now appreciate the simple pleasures of my morning shower, no longer attached to it. I enjoy the simple act of not getting tangled in my tubing while dressing.

I appreciate my husband more than ever and how he became my right arm doing everything from helping me dress, cooking, cleaning and even shampooing my hair. I don't and I won't take for granted how he was there was for me. I sure hope he knows that I will always be there for him, but neither of us can ever take it for granted. Just knowing that we are there for each other is a most comforting thought.

Happy 39th anniversary Michael.

Bonnie Kates



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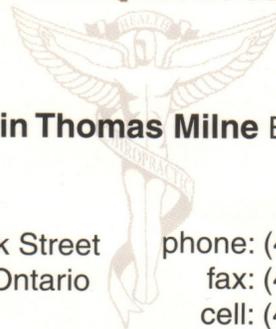
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Random Musings



A couple of years ago, I picked up two books about Jewish people in the entertainment industry. Both books offer mini-biographies of famous people, who also happen to be Jewish. *Jews Who Rock* by Guy Oseary and *Great Jews in Entertainment* by Darryl Lyman, take readers on an interesting exploration into the lives of many entertainers, many of whom, one may not have realized are Jewish or have Jewish backgrounds.

As a young Jewish girl growing up in the U.S., moving frequently, and often being one of only a handful of Jewish children at certain schools, my Jewish identity was sometimes in need of a boost. Books such as these are not only a good read, but also help with forming a sense of being a member of a special group.

The heroes of the Bible were obviously people to admire and emulate, and I was very inspired by them. However, as a child, I never knew that, for example, The

Three Stooges were Jewish. Although their use of Yiddishisms should have been a clue, to me the words seemed already a part of American culture. Actors of the past such as John Garfield, Lorne Greene, and Lee J. Cobb were a complete and pleasant surprise to discover in Darryl Lyman's book. I am sure many would be surprised by the number of rockers in Guy Oseary's book.



Although it may sound rather petty that I would care so much that famous people are Jewish, when one grows up as a member of a minority group, there is often a need to foster a positive identity with this group, even if one has fully identified on a spiritual and ideological level.

It is for this reason that I like these and other similar books for Jewish people and their children. The stories are not always sugar-coated, some are downright gritty. They often surprise. They may inspire one to delve into more information about each individual in more depth. I certainly look forward to doing so.

Elizabeth Bloom

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Notes from Nate

News and views of Forestdale Heights Lodge from a past president who is still alive and kvetching in Thornhill.



So *nu* the snow melted and now you got the grass to worry about. I'm telling you the lawn at my house eats better than I do.

Every few weeks a guy comes and gives it a little this and a little that, sometimes dry, sometimes liquid and always expensive. This however is part of a plot with the guy who comes to cut the grass after I spent all that money making it grow because he makes it shorter. *Shoyne*, there is something I must be missing because this seems to be an endless circle.

On the other hand, early in May we are going to be doing something we have never done for the past 30 some odd years. No you *momzer* that is not what you are thinking, so go wash your glasses out with soap. What is going to happen is our little Benji is going to sleep over at *Boobie* and *Zaidy's* house for the first time. Yes, Mommy Deborah is going to trust her most precious possession to the people who raised her to be the *balabusta* she has become today. I have already seen the **you should** and **you should not** list. It includes the regimented nap times, the diet that does not include pickled herring or corned beef (apparently you need teeth for these delicacies) and pages and pages of instructions and about 10 emergency

numbers to call. G-d forbid there is a problem. You would almost think that we had never raised kids before who survived to become mommies themselves, but who are we to argue. All I know is Benji at some point in the weekend, like his cousins Justin and Owen before him, is coming out with me to the garage to see the tools and the old cars, and G-d forbid I get him *shmootzik*, there gonna be a lot of splainin' to do. Me I don't care what their daddies expect them to be, I is building a pit crew for the Salter race team with hopes to win the Daytona in about 20 years. Don't nobody hold your breath though.

You know by the end of May our new executive will be sworn in for their term of office. They too are like the *Boobie* and *Zaidy*, entrusted with a most precious possession, our Lodge. Yes I know Irv and the boys (and girls) have been around for years, but now instead of sitting around the table with the rest of us, they are going to be front and centre and it is their thought processes and their decisions that will determine the destiny of our lodge over the next two years. Bonnie and all the past presidents before her raised the lodge so to speak over the past 41 years, each one putting their mark on our traditions and direction, but like with our grandchildren, today it seems that some of the rules have

Continued on next page

changed since the 31 years ago when I was president. Where the lodge years ago was made up of young up and coming leaders of society, today's leaders are no longer young. I do not for one moment condemn this factor, because they too have had the pleasure of watching the lodge grow and mature. They know what pleases us and what keeps us together and this insight is the real key to our future

We have reached a point where we must all work closely with the new executive, help them to reach decisions, help them to run programs and more importantly realize that they have taken on

the task of carrying forward a 41-year-old tradition of excellence that make all of us proud Forestdaleniks. Now more that ever we must come together and form a solid front to ensure that which we have worked so hard for over all the past years remains intact and strong. We must give Irv and his team unconditional support and yes, every one of us should be prepared to give strenuous effort in helping them do their job. When they succeed, we succeed and that is the bottom line in the year to come.

At this special time, let us take the opportunity to celebrate who we are and be proud.

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Details to follow.



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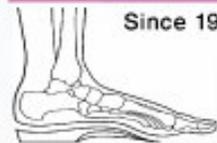
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- Lucky Draws throughout the evening

Proceeds go to B'nai Brith Canada, Don Mills Lodge

For information & tickets: www.c-TEA-ca.com or 905.470.1493

Dinner Ticket \$40.00

Dress Code: Business Casual



Colon Cancer Canada is dedicated to making a difference by contributing funds to help support research initiatives, increase awareness, educate and provide patient support.

By registering and participating at the 14th annual BBYO/Alumni Golf tournament, BBYO will give a generous donation to Colon Cancer Canada in memory of BBYO Alumnus Steve Glickman. Steve was a proud and active former member of BBYO.

The Glickman family has had a long standing relationship with, and will continue to be an integral part of BBYO.

We look forward to seeing you and your friends at the 14th Annual BBYO/Alumni Golf Tournament on July 9, 2008. Let's make this golf tournament the best ever!



Highway 27
Nobleton, Ontario
905 859 4080

PACKAGE INCLUDES THE FOLLOWING:

LUNCH
GIVE-A-WAYS
SILENT AUCTION
STEAK DINNER
AND MUCH MUCH MORE!!!

BBYO

14th Annual Golf Tournament

WEDNESDAY, JULY 9, 2008

NOBLETON LAKES GOLF CLUB

11:30 A.M. REGISTRATION

1 P.M. SHOTGUN

IN SUPPORT OF

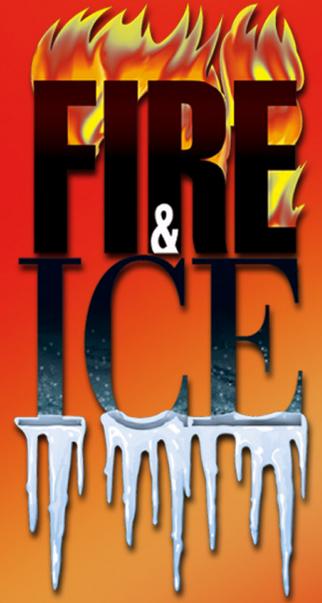
BBYO

AND

COLON CANCER CANADA



SUMMER SHRIMP FESTIVAL



50

shrimps + stir fry



\$ 27.⁹⁵

30

shrimps + stir fry



\$ 20.⁹⁵

20

shrimps + stir fry



\$ 16.⁹⁵

10

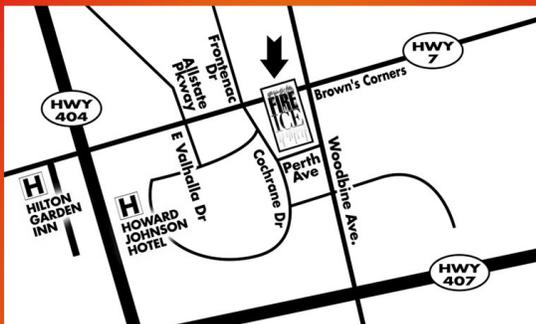
shrimps + stir fry



\$ 12.⁹⁵

shrimp salad \$ 10.⁹⁵

shrimp cocktail \$ 7.⁹⁵



905.947.1900
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