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Heights  
Lodge

# KOL ECHAD

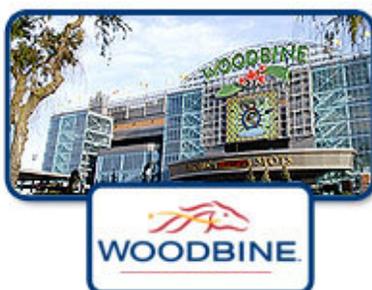
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# KOL ECHAD



Kol Echad is the award winning official publication of Forestdale Heights Lodge. It is published 10 times a year. We welcome any and all articles or letters from members of the lodge and their families. All material submitted is subject to editing. The editor may consult with members of the bulletin committee regarding content suitability and editorial decisions.

All opinions expressed in Kol Echad are those of the individual writer and do not reflect the views of either Forestdale Heights Lodge or B'nai Brith Canada.

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## *At A Glance*

Monday, February 18	Nomination Meeting
Monday, March 17	Election Meeting
Monday, April 14	Dinner Meeting
Monday, May 26	Dinner Meeting

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### Kol Echad Deadlines

March Issue	February 16
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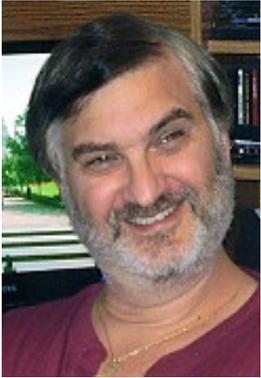
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# Editor's Desk



I wonder how many of you remember the words to Carol Burnett's closing theme song from her old TV series. I was thinking about this just recently as we wound up the holiday period and started a new year.

*"Seems we just got started and before you know it, comes the time we have to say, 'So long.'"*

What got this tune bouncing around in the old brain box was the fact that although it is still the start of the New Year and the holiday period just ended (as of this writing), but the time you read this, it will be time for yet another holiday, granted, this time a much shorter break.

During the last provincial campaign, Ontario's Liberal Premier Dalton McGuinty, promised that if re-elected he would declare the third Monday in February a holiday for the winter weary denizens of his fair province.

The business community cried foul, warning willy-nilly that the sky would fall and the world as we know it would come to an end. Economists predicted a major calamity if businesses were forced to pay employees for a non-productive day.

Not to be deterred though, our gallant leader did exactly what he promised (imagine that). As a result, come Monday February 18, Ontarians of all shapes and sizes will witness the province's first Family Day.

I admit I find the name quite odd and wonder how many of us will spend the time

exclusively with their family? Still, it will be a very welcome day off, coming in the middle of winter when days are short, cold and bleak.

It will cost business a lost day in productivity, but then again, all holidays have the same effect. Yet no one objects to the annual days off in May, July, and August, September, October and December. To take their argument to the logical conclusion, all holidays should be abolished so that productivity can soar to the highest heights.

There is more to life than work. I learned this long ago as a young journalist learning his craft in Saskatchewan. Not only does "all work and no play make Johnny a dull boy, but, in the end, a less productive one.

So come this Family Day, sleep in, read a good book or take in a movie and spend some time with your loved ones. Not only are you worth it but it is a day well deserved.

Thank you Mr. Premier!

*Shalom.*

*Jeff Rosen*

# *Nomination Meeting*

Please join us on **February 18**  
for our Nomination Meeting

Dinner 6:30 p.m.  
Meeting 7:15 p.m.

Those slated will be announced at this time and the floor open  
for further nominations for next year's executive.

**Please RSVP to Albert Ohana**  
**at [salonpiaff@rogers.com](mailto:salonpiaff@rogers.com)**  
**or call 416-494-2636**

## *Slate Committee*

On Wednesday, January 9, the lodge's Slate Committee met to recommend individuals to serve on the executive for 2008-2009. The following people have been slated and will be formally nominated at our nomination meeting in February. At the meeting, any member in good standing can run for an elected position.

**President: Irv Pupko**

**Senior Vice-President: Ray Moscoe**

**Vice-Presidents: Ivan Bloom, Harvey Silver, Carl Zeliger**

**Treasurer: Stan Horowitz**

**Financial Secretary: Lisa Rosen**

**Recording Secretary: Ruth Pupko**

**Trustees: Elizabeth Bloom, Harold Cohen, Noreen Cohen, Barry Gordon,  
Sandy Gordon, Morris Shapransky**

**As immediate past president, our Chaplain will be Bonnie Kates.**

# President's Pen



Someone once said that the only person who welcomes change is a wet baby. Recently I came across some really interesting gadgets and things to make life a little easier. I just love gadgets and gizmos. They market

them to save time and to reduce our work load and make life easier. I'm all for comfort and convenience. I recently came across some great ideas that I wanted to share with you.



How about the **Smart Cup** in which you can put 2-3 of your favourite cookies. You don't need extra plates. It's made for right handed and left handed

people. Wouldn't it make life simpler by having your snack in one hand and still having the other hand free to carry something else?

The next gadget that got me interested was the **Penguin Tea Timer**. Making tea, easy to do; it is also time consuming.

Once you pour the hot water into the cup, you must patiently hover over it, waiting for the tea to steep. The Penguin Tea Timer happily does the waiting for you. Place your tea cup under the beak and set it to the desired time. As you



is

turn the timer dial, the beak lowers the tea bag into the hot water. When time is up, a bell sounds and the penguin automatically lifts his beak, removing the tea bag from the water. Admit it, this is a great little gadget that I am sure you would use.

I don't know about you, but I hate dark toast. How about the **Transparent Toaster**.



You love toast, but you always burn it and half the time those popping up devices don't work after a while. Then, this invention is for you. This transparent toaster allows you to see the bread while it is toasting so you just have to take it out when the colour is right. This idea is based on a transparent heating glass technology.

The next gadget would be a real hit in my house with my hubby. It's the **Giant Remote**.



He would never lose the remote again! With giant buttons, this extra-large remote is easy to use and impossible to lose.

**Continued on next page**

It's a 6-in-1 remote so you can use it to control your TV, VCR, DVD player, satellite, cable and auxiliary A/V device. It even features glow-in-the-dark buttons, so you can easily find the remote in the dark.

What about this unique **Laser Scissors**.



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Do you get up to go to the bathroom in the middle of the night? Well, you need the new **Illuminating Car Slippers**. Remarkably bright LED lights are triggered by your

footsteps and light up the floor 30 feet in front of you; ultra-soft plush styles are extra comfortable and cozy warm.



My favourite among the new gadgets is the infant pillow, called **The Zaky**. It is an ergonomic infant pillow designed by a mom to mimic the size, weight, touch, and feel of her hand and forearm to help her baby with comfort, support, protection, and development. The Zaky can help calm your baby and help your baby sleep better through the night.

What will they think of next? Maybe you have an idea for a new gadget or gizmo. The marketplace is just waiting for you to come up with it.

*Bonnie Kates*



# Good & Welfare

## **Birthday**

Ruth Pupko

February 14

*If you have something special happening in your life that you would like listed in Good & Welfare, send it to [jelijo@sympatico.ca](mailto:jelijo@sympatico.ca). We will make every effort to include it. Birthdays of members only will be listed in this space.*



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## *Sandy's Scripts*



You never know who you will meet when you are on a trip with Forestdale Heights Lodge.

On Sunday, January 13, a group of us got on the bus to go to Fallsview Casino. As we usually do when we get together at the Casino, we played the slots, had lunch, *kibbitzed*, played, *noshed* and yes, *kibbitzed* again. While we were downstairs in the food court (most important as we do need our sustenance) and just before boarding the bus for our return to Toronto, we spotted a group of ladies wearing red hats and purple dresses/slack suits. There were about eight ladies sitting together and enjoying their day out. They were such a happy group and the interaction with each other was infectious. I decided to do a little research and write about them for Kol Echad.

**The Red Hat Society** Founder, Exalted Queen Mother Sue Ellen Cooper founded this society in 1998, a social “disorganization” for women. The sisterhood hosts international and regional conventions and continues to grow at a brisk pace. It’s an organization offering fun, community and empowerment to women. The members wear full regalia that include distinctive red hats and purple outfits for those 50 or over and pink hats and lavender for those under 50.

Their mission is to connect women around the world and to encourage them to be supportive of each other and to have fun. They celebrate life and they develop strong bonds and caring friendships.

**Continued on next page**

There are 40,000 chapters in the U.S. in all 50 states and in 25 other countries. **The Red Hat Society** is made up of working women and retirees, grandmothers, golfers, attorneys, teachers etc.

There are 15 chapters in Oshawa alone and other chapters in various other centers in Ontario. The chapters are made up of fun-loving women who get a real hoot out of belonging and getting together. Some of the Oshawa-area chapters are called Golden Belles, Diamonds are 4ever, Garnet Grannies, Happy Heels of Durham, Happy Red Hatters, Simply Us, Magnifique Mamas, and The Travelling Red Hat Divas to name a few.

Perhaps people should take lessons from them. They are obviously a very happy bunch of ladies who enjoy what life has to offer but most importantly, it's the wonderful, simple things they enjoy.

I spoke with Queen Kate of the Absolutely Marvellous Red Hatters and asked if I could take a photo, they immediately struck a pose with smiles from ear to ear! Need I say more?

Until the next time.

*Sandy Gordon*

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## Kol Echad Advertising

At the lodge's January meeting, it was suggested that a directory of Kol Echad advertisers be created and posted on our website at [www.kolechad.ca](http://www.kolechad.ca) in order to better promote those who support our publications and therefore the lodge. As a result, such a directory has been created and posted to the site at [www.kolechad.ca/advertising.htm](http://www.kolechad.ca/advertising.htm).

Wherever possible ads have been posted with a clickable link back to the advertiser's own websites. In this way, we hope to increase the bulletin's advertising base.

Here's what advertisers like to know and see. Tracking usage of our website has revealed over 112,000 hits with over 4,800 visits in 2007. In December alone, there were over 28,000 hits to our site with over 1,500 page visits.

While the majority of those hits came from Canada, our site tracker recorded hits from Argentina, Australia, Austria, Belgium, Brazil, Chile, Columbia, France, Germany, Hungary, Indonesia, Israel, Italy, Japan, Lithuania, Malaysia, the Netherlands, New Zealand, Poland, Portugal, Slovak Republic, Switzerland, Trinidad and Tobago, Turkey, United Kingdom, the United States, Viet Nam and Yugoslavia,.

I guess that's why they call it the World Wide Web. Our site is being viewed far and wide across the world.

# Notes from Nate



*News and Views of Forestdale Heights Lodge from a Past President still alive in Thornhill who believes that the more things change, the more they stay the same.*

When I was first married, come Friday night, Andrea and I would get home from work, change our clothes and head over to her parents' home for *Shabbos* dinner. During the early years of our marriage this became a tradition.

Sadly, with the passing years this tradition eventually came to an end when we had children and I had to rush home from work in Hamilton. It simply became too onerous a task to pack up all the assorted bottles, diapers, toys, swings, etc. and *shelpp* the entire family over to the in-laws.

Instead we wound up going over there to be with the whole family only on special occasions. With the passing of my father-in-law the occasions became even less frequent. As the kids started out on their own, our home is where the family would gather for the major Jewish festivals. The dining room would be full with in-laws, daughters and husbands and soon grandchildren. It was good.

I have to tell you, as I sit here writing this, my *pipik* is *plotzing* since I just got home from celebrating *Shabbos* dinner at the home of my youngest daughter. Yes, our grown up baby girl, now mother of the world's smartest son has, become a *balabusta*. Not only did she scratch make a chicken soup to die for, but a delicious main course, with some special

dishes prepared, that would not interfere with my restricted dietary requirements. Yes indeed, life has come full circle. What a feeling of *naches* it was watching her prepare for her husband and child as well as having the family together in her home.

Our lodge is a lot like our family situation. This again is the time of the year when the good ol' boys, a.k.a. the past presidents have sat down to form a slate committee and select the candidates for leadership for the coming year. I know we have been around for over four decades, but the difference between my family and the lodge is that we do not have a younger generation to pick up and carry on the tradition.

While all of us want the Lodge to continue and to prosper, how many of our members are ready to step forward and become more than a name on the mailing list.

In the good old days, we would know sometimes five years in advance, who the president would be, since it was possible to work one's way up from being a member, to committee chair to executive member to president in a matter of years. By the time someone got to the position of president, they had a complete understanding of what made the lodge function.

**Continued on next page**

Over time, however, we have lost many “man-years” of leadership, when members dropped out after only going part way.

When we sat at the Slate meeting, this time around, we had a serious problem that has been building for nearly a decade. That my friends is the shortage of up-and-coming leaders. When we extended the term of president to two years, we hoped the problem would solve itself, with other members stepping forward. Sadly, it did not happen the way we had hoped.

Fortunately, this year, we have a solid, deserving, and knowledgeable man in Irv Pupko who is ready to take his rightful place as president. With that position filled, we struggled to fill all the other positions.

Too often some of our members only pay lip service to keeping the lodge going. Someone once told me that “Can’t lives on Won’t street!” That my fellow Forestdaleniks is a real truth. Our survival depends on our

leadership. The question remains, “Are you up to it?”

Your obligation to the lodge can not end when you send in your dues cheque. For our lodge to survive and prosper, each of us has to be prepared to give a little bit of our time to serve or head up a committee and even stand for office. Yes, it will take some of your valuable time, as well as some effort on your part, but nothing in life is free. If you are a proud member of Forestdale Heights Lodge, then the ball is in your court.

By doing so, not only will you be helping the Lodge, but you will find that you can make an important difference and that is a very positive feeling. Remember, we are all in this together.

*Nate Salter*



## *Purim 5768*

**On Thursday, March 20, at 8:15 p.m.,**  
Forestdale Heights will be hosting its annual  
*Megillah* reading at 4300 Bathurst Street.

If you are coming, please RSVP  
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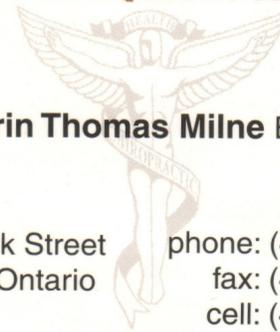
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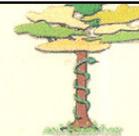
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# Random Musings



Most Fridays I run  
around doing  
errands,  
rushing from  
shop to shop  
buying items  
for dinner. It

is often a race against time, trying to get everything done before sundown, and before the early closings of the Jewish shops and kosher counters at the supermarket. Next comes the rush to prepare a special meal.

When we finally sit down to our *Shabbat* dinner, with candles lit and a multitude of selections on the table, I heave a sigh of relief and begin to relax. It is at this time that I truly appreciate the beauty and meaning of *Shabbat*.



It is a time to renew our bond within our family, to feel the warmth of a fine meal, and to thank G-d for all that is good in our lives. It is very comforting at the end of a demanding week to allow ourselves to partake in this renewal of spirit. The rest that follows is a peaceful respite.

Sometimes in this fast-paced world, we get caught up in so many things that divert us from the essence of life itself. The rest and renewal of *Shabbat* serve as reminders that we are, in fact, spiritual beings. We can be comforted through difficult times with this knowledge. For this, I am thankful to G-d for giving us the wisdom and guidance of the observance of *Shabbat*.

*Elizabeth Bloom*



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*"Time wounds all heels."*

\*\*\*\*\*

On another Septic Tank Truck:

*"We're #1 in the #2 business"*

\*\*\*\*\*

At a Proctologist's door:

*"To expedite your visit please back in."*

\*\*\*\*\*

On a Plumber's truck:

*"We repair what your husband fixed."*

\*\*\*\*\*

At a Tire Shop in Milwaukee:

*"Invite us to your next blowout."*

\*\*\*\*\*

On an Electrician's truck:

*"Let us remove your shorts."*

\*\*\*\*\*

On a Maternity Room door:

*"Push. Push. Push."*

\*\*\*\*\*

At an Optometrist's Office:

*"If you don't see what you're looking for, you've come to the right place."*

\*\*\*\*\*

On a Taxidermist's window:

*"We really know our stuff."*

\*\*\*\*\*

On a Fence:

*"Salesmen welcome! Dog food is expensive!"*

\*\*\*\*\*

At a Car Dealership:

*"The best way to get back on your feet - miss a car payment."*

\*\*\*\*\*

Outside a Muffler Shop:

*"No appointment necessary. We hear you coming."*

\*\*\*\*\*

In a Veterinarian's waiting room:

*"Be back in 5 minutes. Sit! Stay!"*

\*\*\*\*\*

At the Electric Company:

*"We would be delighted if you send in your payment. However, if you don't, you will be."*

\*\*\*\*\*

In a Restaurant window:

*"Don't stand there and be hungry, Come on in and get fed up."*

\*\*\*\*\*

At a Propane Filling Station,

*"Thank heaven for little grills."*

\*\*\*\*\*

And don't forget the sign at a Chicago Radiator Shop:

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