



# KOLECHAD

Forestdale Heights Lodge #2667

February 2007

Shevat/Adar 5767

## *Nomination Meeting*

**Monday, February 19**

**15 Hove**

**Dinner 6:30 followed by meeting**

**Please RSVP to Albert Ohana by Feb 9 at (416) 494-2636  
or e-mail [salonpiaff@rogers.com](mailto:salonpiaff@rogers.com)**

*Come out to this important meeting and help shape  
the future of Forestdale Heights Lodge*



## *Slate Committee*

On Wednesday, January 10, the lodge's Slate Committee met to recommend individuals to serve on the executive for 2007-2008. The following people have been slated and will be formally nominated at our nomination meeting. At the meeting, any member in good standing can run for an elected position.

<b>President:</b>	<b>Bonnie Kates</b>
<b>Senior Vice-President:</b>	<b>Irv Pupko</b>
<b>Vice-Presidents:</b>	<b>Ivan Bloom, Barry Gordon, Ray Moscoe</b>
<b>Treasurer:</b>	<b>Nate Salter</b>
<b>Financial Secretary:</b>	<b>Noreen Cohen</b>
<b>Recording Secretary:</b>	<b>Ruth Pupko</b>
<b>Trustees:</b>	<b>Elizabeth Bloom, Harold Cohen, Sandy, Gordon, David Gorender, Lisa Rosen, Morris Shapransky</b>

# KOL ECHAD



Kol Echad is the award winning official publication of Forestdale Heights Lodge. It is published 10 times a year. We welcome any and all articles or letters from members of the lodge and their families. All material submitted is subject to editing. The editor may consult with members of the bulletin committee regarding content suitability and editorial decisions.

All opinions expressed in Kol Echad are those of the individual writer and do not reflect the views of either Forestdale Heights Lodge or B'nai Brith Canada.

**Editor:** Jeff Rosen  
**Advertising:** Harvey Silver  
**Staff:** Elizabeth Bloom  
Sandy Gordon  
Bonnie Kates  
Lisa Rosen

**Website:**  
[http://ca.geocities.com/k\\_echad](http://ca.geocities.com/k_echad)



## What's New

**Wednesday, Feb. 14**  
**Monday, Feb. 19**  
**Saturday, March 3**  
**Sunday, March 4**  
**Sunday, March 4**  
**Monday, March 12**  
**Monday, April 16**  
**Sunday, May 27**

Air Farce  
Nomination Meeting  
Megillah reading  
Purim Dance@Reena  
Purim Parcel Delivery  
Election Meeting  
Lodge Meeting  
40<sup>th</sup> Installation

### Kol Echad Deadlines

March Issue  
April Issue

February 10  
March 10

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# Editor's Desk

Once a season (and only once a season) our lodge's esteemed active past presidents gather to reflect on the past, examine the present and plan for the future.

If you have been in the lodge for a while, then you know that I am referring to the annual meeting of the Slate Committee which is comprised of past presidents and chaired by the immediate past president (I currently hold the position).

Our mission: to consider candidates for election to the executive for the coming year.

After 40 years the committee's job has not become any easier than it was back in the late 1960s. If anything, it might be a trifle more difficult.

Our membership ranks have thinned and while we get a few new members to sign up each year, it takes a while for them to move through the leadership ranks.

I recall back in 1994, when I received my first call to join then incoming president Carl Zelig's new administration as financial secretary. I was thrilled to have the chance to join what I considered a distinguished group of men in helping shape the lodge's future.

In time I became a vice-president, senior vice-president and eventually served as president for two years, before settling in as chaplain as the immediate past president.



I guess in time I will step down from the executive. However that time has not yet arrived and I will remain your chaplain for one more year.

I feel that there is no reason that past presidents can not rejoin a new administration. In fact it is becoming more essential as the years unfold. There are now even precedents for it as Michael Kates become the first person in the lodge to stand for position of president after a 13 year hiatus and Nate Salter rejoined for a while as a VP.

By now, the Slate Committee will have met and the calls made to those who the committee is suggesting for the executive for 2007-08. However this is only step one.

Next month we will be holding our annual nomination meeting. There is nothing to stop any member from putting their name forward for election.

Remember, this is your lodge and whether you are a new member or have been around since Moses was a pup, you have a vested interest in ensuring the lodge has a strong and vibrant executive.

It is the only way to ensure the lodge's future is a strong one.

*Shalom*

*Jeff Rosen*

# Good & Welfare

## February Birthday

Ruth Pupko – February 14



Mazel Tov to **Nate and Andrea Salter** on the birth of their second grandson. Owen Andrew Kugler made his safe arrival on December 22nd weighing in at 7lb 5oz. in Montreal.

Parents Heather and Robbie are all doing well, and grandson #1 Justin is just thrilled with his

brand new Baby Brother.

*If you have something special happening in your life that you would like listed in Good & Welfare, send it to [jelijo@sympatico.ca](mailto:jelijo@sympatico.ca). We will make every effort to include it. Birthdays of members only will be listed in this space.*



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# President's Pen

**Dear Elizabeth Bloom:**



I was on the net the other day, searching for some information and came across a time line of the inventions that have changed our lives. It made me think about your column, “Random Musing”, that you wrote last month in *Kol Echad* and the effort it takes to separate and recycle household waste.

Yes Elizabeth, it is time consuming. I agree with you there. In my research I learned that *Bakelite*, the precursor to modern plastics, was invented in 1907. Today, we have all kinds of fabrics that are based from modern-day plastics, often termed acrylic. Modern technology, has given us the ability to recycle our plastics.

In that same year, 1907, Scott Paper launched a new industry with disposable paper towels. They were called *Sani-Towels* and were advertised as a way to prevent the spread of colds germs. What would our life be like if we didn't have *Kleenex*, and one of my favourite paper items, the disposable gown our doctor's provide for us.

Did you know that the electric vacuum cleaner was invented in 1907, by James Spangler, a guy who was convinced his dusty carpet sweeper was giving him a cough? He was right about that, and his invention turned into the modern day vacuum cleaner. I don't

find it surprising, that a lot of these modern-day inventions found their way into our lives because of health concerns.

Some would argue that the electric washer, invented in 1907, falls in this category as well, easing the physical burden on subsequent generations of homemakers. It is also a convenience. In the days when you had to heat the water to do the laundry, you wouldn't think of going to the trouble for just one or two shirts. Yet, today with an electric washing machine, it's so easy to simply toss in one or two items. We don't seem to worry about the cost of the hot water, and the electricity.

Today, we find it easier and quicker, to mould a shirt button from plastic, than to carve one out of wood or a mother-of-pearl shell. Elizabeth, did you ever imagine that those pretty pearl-like buttons on your blouse may have been made from the recycled plastic that came from your very household?

If we are not going to do the big things to improve the environment this year, at least we can do the small things. Recycling of our household items does help improve the environment and you need to know these small steps are all in the right direction. Elizabeth, you may grumble about the work involved in recycling your household waste. I want you to know I appreciate your efforts, and I want to thank you, for your persistence.

*Bonnie Kates*

Contact: VITO



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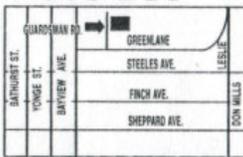
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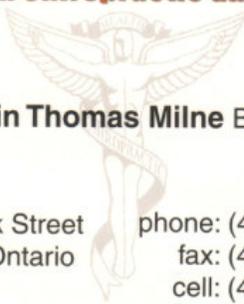
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# *Sandy's Scripts*



Do you have a relative you haven't seen or heard from in many years? Someone you knew where they should be, but were not sure that everything is still the same.

We all tend to take things for granted until you start to look for somebody and you find you are not sure that the quest is going to be mastered. The wondering of where, why and the chill of what if, sets in. It's true, people do move around and if they don't tell you, the connection to them could be lost.

Why is it that we lose contact with the people we care about? Because we have a tendency to get caught up in our everyday life and we don't stop to smell the flowers along the way!

It's true, we are all different and our lives change, but that doesn't mean we can't get to know someone all over again; or maybe we really didn't know them at all and it becomes a new beginning!

I re-connected with a cousin that hasn't really known me for 46 years. I have my memories of our growing up years, the fun, the sadness and everything in between. This person has not known me in my adult years. We have just recently re-connected and the fun I am experiencing sharing and finding out about each other is priceless.

The connection has been made, a reunion is in the planning and the rest is history! What's the common denominator?

Until the next time.

*Sandy Gordon*

## *It's time for the Farce!*



Join members of FHL as we head to see at taping of  
**Royal Canadian Air Farce**

**Wednesday, February 14, 2007**

**Show starts at 9 p.m.**

**We will meet in the lobby of the CBC building on Front St. at 7:30 p.m.**

**Please bring an item of non-perishable food**

**Please RSVP to Sandy Gordon at**

**(416) 631-8261 or e-mail [sygordon@sympatico.ca](mailto:sygordon@sympatico.ca)**

# 1967

# FHL @ 40

# 2007

NOVEMBER 1996

In June 1967, B'nai Brith Lodge #2667 was granted its charter to begin operating as **Forestdale Heights Lodge**.

In May 2007, **Forestdale Heights Lodge** will celebrate its 40th anniversary. To mark the occasion, Kol Echad will take a look at lodge life during the past 40 years, exploring two years every month.

## FROM THE PRESIDENT'S DESK

Again, I wish you and your families a "Shana Tova." For us as Jews the Rosh Hashana/Yom Kippur Holiday is a time of both reflection and request for forgiveness for past transgressions, and a time for wishes and hopes for the upcoming year. I hope your wishes and goals come true.

Well, the opening meeting (apres the summer) marking our year 5757 (as described by Bro: Shelley Luftspring, as the year of the double Heinz) was certainly exceptional. Having Frank Dimant as our guest speaker made this meeting informative and discussionary. The topic centred on B'nai Brith's future and structure. Questions from our membership were poignant. Concentrating on concerns about B'nai Brith's role as a leader for the Jewish community, and of course its lodges. We all agree that concern about the Lodge structure's survival is most dominant, and support from B'nai Brith is imperative in order to ensure its continuance. Frank discussed this issue at length, with committing to support the Lodge in any endeavor it decides to take on. Whether it be fundraising or membership drives, his office will provide printing, secretarial, or administrative support as needed. The Discussions were lengthy and informative and I was pleased that we had an evening with over 20 members present.

Continuing on a similar venue for our next meeting on November 4th, Albert Ohana, Program Chair, has invited another B'nai Brith speaker with fundraising experience. We of course hope to get some ideas for fundraising and ways to implement them.

I am proud that Forestdale Heights Lodge continues its efforts in the area of CVS. Without this commitment from the executive we would not be able to give so many people the enjoyment they get from our programs. We are always searching for volunteers. Please get involved. I look forward to working with all of you throughout the year and seeing you at our meetings.

Arthur Eisenbaum  
President

## **1995: President Carl Zeliger**

### **Timeline**

January 9: Pot Luck Dinner

February 5: Vaughan's Winterfest

February 12: FHL takes a group of children from JF&CS to see Oshawa Generals play North Bay

March 15: Megillah reading, 4300 Bathurst Street

April 30: Lodge garage & craft sale

May 7: Shoppers' Drug Mart Marathon

May 28: UJA Walkathon

June 13: Guest speaker Ibi Grossman

June 24: Caravan

August 20: Lodge Picnic at Earl Bales

August 23: BBC Day at SkyDome

### **Around the Lodge**

FHL's bulletin, *The Horizon*, wins Honourable Mention at BBC's annual convention in the lodge bulletin awards.

*Horizon* gets new editors!

## **1996: President Arthur Eisenbaum**

### **Timeline**

July 1: Canada Day celebrations in Vaughan

August 12: BBC Night at the Blue Jays

September 24: Guest speaker Frank Dimant speaking on "The Future of B'nai Brith

October 13: Night at Mohawk Raceway

November 4 Guest speakers Pearl Gladman, Joel Cuperfain

December 8: Chanukah Party

## A 40<sup>TH</sup> ANNIVERSARY STORY

---

By NATE SALTER

A PAST PRESIDENT LIVING IN BEAUTIFUL DOWNTOWN THORNHILL  
WHO REMINICES; *OH TO BE 25 AGAIN!!!!!!*

*Or*

*I can't believe that it is 30 years since I was President*

You know as I sit here contemplating the changes that have taken place in my life over the nearly 40 years that I have been a member of Forestdale Heights Lodge, I sometimes wonder where all those years have gone. Mind you I only have to look at my three married daughters all in their 30s now and my two grandsons and it soon becomes a reality that indeed the years have slipped away.

It seems like only yesterday that Marty Osler, who was my friend and optometrist at the time, invited me to a meeting of a brand new B'nai Brith lodge that was being held in the basement of the Hebrew Men of England Synagogue at Bathurst and Sheppard. They tell me I missed being a charter member by about two weeks, but one could say that I have been around since the very beginning and it sure brings back memories

For communication, we had a Spirit Duplicator, and we would type out the stencil for upcoming events and then meet at Moe Goldhar's house in the basement to run off the flyers and put them in envelopes. Once that was done for all 35 members, we would order in a pizza and then watch educational movies and don't make me tell you what type of education.

There was our first bingo at 167 Church Street on Tuesday, in partner with Canyon Lodge and the stories include the nightly trips to the night deposit and then the visit to the Westover Hotel to unwind when all was said and done.

We graduated to Jane and Hwy. 7 where we opened our next bingo and back then that area was still wilderness. From there it was on to Don Mills where we spent many years and made many dollars with 15-20 guys and girls out working the counter, the floor and the back room. In all cases I remember that we would order in about \$50 worth of food (which in the 1970s was quite a lot) and if you weren't there in the first five minutes after it arrived you went hungry, because the locusts in Egypt had nothing on the FHL gang. By the way, that part has still not changed.

I remember the picnics with the dozens of our little kids and the programs like the Lark in the Park in the Dark, and of course the Chanukah parties where the Thornhill Community Centre was filled with the offspring of our members as we all went forward with our lives. The years flew by.

I will never forget the installation at the Inn on the Park, for Murray Fallen. I can now admit that when I brought him his requested Bloody Mary, during the evening, I got the percentages wrong and that combined with the quantity he consumed resulted in his waking up the next morning not knowing whether he had been installed or not.

Our 25<sup>th</sup> anniversary Installation, which to my amazement, is now 15 years in the past, will live in my memory, because we were able to get many of the former members and past presidents to come back for the event and it was truly memorable as we all relived the glory years when many of us were still young and had hair.

There were the trips to the B'nai Brith convention at the Nevele, and we found out that certain of our members had musical talents that defied description. But we had fun and built memories.

It was a thrilling time for all of us, with new wives, new homes, new business or careers, and soon new families. One could say that the Lodge members grew up together as an extended family. We shared each others triumphs and sorrows and while sometimes our meetings would last long into the night as we debated the budgets or programs, after all the yelling and screaming was over and we had consensus, we would all head over to the Bagel World and enjoy the camaraderie as if not one harsh word had been spoken.

We have been blessed with strong leadership over the years, backed up by a long standing group of dedicated individuals, who have made sure that the core values of our lodge, community service and working for the betterment of all has been our focus. We have faced many challenges to our autonomy in recent years, and when all the dust had settled we came to realize that what we already had was what we wanted.

I have been proud to call myself a member of Forestdale Heights Lodge for the past 40 years, and while I am somewhat older than the 25 I was back then, I also have the maturity to know that what we have here is very special and very unique and that we can carry on in our old tradition, knowing in our hearts that what we have built will last well into the future. It is indeed a comfort in a world where very few things stay the same.

# Purim 5767



This year FHL will be taking part in three CVS programs at Purim.

On Saturday, March 3, at 7:30 p.m., FHL will head to 4300 Bathurst for its annual *Megillah* Reading. If you are coming, please RSVP to Carl Zeliger at 905-669-2732 or email [czeliger@wisebrodzeliger.ca](mailto:czeliger@wisebrodzeliger.ca)

The next day, Sunday, March 4, we will be helping out at a Purim Dance for the residents of the Reena Battle

Centre

927 Clark Avenue West (west of Bathurst Street). The program will run from 2 p.m.-3:30 p.m. If are coming, please RSVP Barry Gordon at 416-631-8261 or email [barrysgordon@sympatico.ca](mailto:barrysgordon@sympatico.ca)

Members of FHL are also invited to take part in B'nai Brith's Purim Parcel program on Sunday, March 4, starting from 15 Hove at 8:30 a.m.



You can pick up your parcels at 15 Hove on March 2 before 1 p.m.

*Come on out in costume and celebrate Purim with FHL.  
It's three times as much fun this year!*

**Please join us on Sunday, April 29 when we head to Niagara Fallsview Casino. If you are interested, please contact Sandy Gordon at (416) 631-8261 or e-mail [sygordon@sympatico.ca](mailto:sygordon@sympatico.ca)**

# Random Musings



Well, the secular New Year has passed and I am still hanging in with my exercise regimen, a New Year's resolution. It's been eight days so far.

Remember, Chanukah lasts eight days, so miracles can happen in such a short period of time.

Two years ago I bought a stationary bike and got into shape by vigilantly using the bike, along with some general exercises. I've always walked a few times a week, but that didn't seem to be enough to cause any major changes, other than endurance for walking. Not that this isn't important, but it didn't seem enough to get into peak physical condition.

For some reason, last year I got a bit lazy and didn't use the exercise bike as often as I should have. Postponing my routine became my routine. The results, of course, were disappointing, so here I am, vowing to give it another try.

One thing I have learned is that it is better to have one or two distractions while

exercising, rather than having time to think about how difficult it is to do what one is doing. While on the bike, it is best to read a good book as loud music blares from a CD on the computer. It doesn't hurt to have something of interest on the computer screen, such as changing pictures or graphics, so that one is not bored when glancing up from the book.

The key is to take advantage of spare time. While a book might be read while curled up with a blanket in a cozy corner of the couch, it's not as bad as it sounds to take that book downstairs and hop on the bike instead.

Having said all that, it is still a matter of motivation. Hopefully I, and millions like me, will continue to be motivated as the year goes by. After all, what have we got to lose?



*Elizabeth Bloom*

# Trivia Night

On Saturday, January 13, 12 members of Forestdale Heights accepted an invitation to take part in Thornhill Lodge's Sixth Annual Trivia Night at the Rosemont Community Centre.

The program was divided into four rounds with winners being declared at the conclusion of each session.

From the beginning it was obvious that Team Forestdale Heights knew its stuff. The format was a combination of general knowledge puzzles, audio, music, and puzzles and our team did well in each of the four rounds.

In the final round though, our lodge team really shined and we came out victorious.



For our efforts each member of the team received a lottery ticket with Jeff Rosen coming out on top with the winning ticket of \$100.

At the conclusion of the evening, all the points were tallied and Team Forestdale Heights came in first, winning the **Sometime's Award** for our "ability to remember useless information from 1968".

Although there was no award for musical talent, our

lodge proved that we could sing with the best of them as we raised our voices and sang loud and clear during the musical clues. Overall everyone had a great time.

Among those participating as Team Forestdale Heights were Noreen and Harold Cohen, Sandy and Barry Gordon, Bonnie and Michael Kates, Marla and Avery Matlow, Lisa and Jeff Rosen and Debbi and Harvey Silver.

*Jeff*



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Now we can have double the fun.**

**Bonnie & Michael Kates light menorah at meeting of  
Thornhill Lodge.**

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# Transportation in the GTA



On Monday, January 8, members of Forestdale Heights Lodge met at Tov-Li Pizza & Falafel on Bathurst to enjoy a great meal of Mideastern food and hear what turned into a special and delightful guest speaker, Dr. Richard Soberman.

Dr. Soberman is a graduate of Dalhousie University and MIT, currently holds an endowed Chair at the University of Toronto. As Director of Research in the Canadian Transport Commission, he directed the Toronto Commuter Rail Study which led to the implementation of new GO Transit service on the Richmond Hill, Georgetown and Milton routes.

During Dr. Soberman's interesting presentation, he touched upon the Spadina Expressway, transit in Scarborough and what he sees needs to be done in the future.

## The Friendly Greek



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